

2026	JANUARY						THE NEIGHBORHOOD CALENDAR					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday						
				1 10:00 AM Morning Brew Crew 10:15 AM Chair Aerobics 11:00 AM Travelogue History: Cuba 1:15 PM Piece by Piece Puzzle Club 2:00 PM Sunshine and Hydration in the Court-yard (1st Floor) (Courtyard) 2:30 PM New Years’ Smoothies (BR) 2:30 PM Balloon Tennis and Hydration 3:00 PM Karaoke Sing-A-Long Dance Party 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie HAPPY BIRTHDAY RENE G. (APT. 407) !!! HAPPY NEW YEAR!!!	2 10:00 AM Golden Garden Club 10:15 AM Gentle Flow Tai Chi 11:00 AM Spanish Songs and Sayings 1:15 PM Memory Mosaic Sticker Art 2:30 PM Live Entertainment (2nd floor) 3:45 PM Balloon Tennis 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie HAPPY BIRTHDAY CHARLES R. (APT 203) !!!	3 10:00 AM Golden Garden Club 10:15 AM Drum Beat Cardio 11:00 AM Dance Party Sing-A-Long 1:15 PM Bingo Club 2:15 PM Sabbath Services with Rabbi Andrew 2:30 PM Afternoon Snack 3:00 PM Balloon Tennis and Hydration 3:45 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie HAPPY BIRTHDAY EMILY H. (APT. 610) !!!						
4 10:00 AM Spiritual Sing-A-Long 10:15 AM Zumba Gold Fitness 11:00 AM Brain Fitness Trivia 1:15 PM Ann’s Jewelry Workshop 2:00 PM Sunshine and Snacks (Patio) 2:30 PM Live Entertainment: Tessie 3:45 PM Balloon Tennis 4:00 PM Sunset Meditation 6:00 PM Resident Choice Movie	5 10:00 AM Golden Garden Club 10:15 AM Seated Silver Sneakers 11:00 AM Memory Match Games 1:00 PM Polished and Posh Manicures 1:30 PM Aromatherapy Massages 2:00 PM Sunshine and Snacks (Courtyard) 2:30 PM Live Entertainment: Garth Bright (DR) 3:45 PM Balloon Tennis 4:15 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie	6 10:00 AM Golden Garden Club 10:15 AM Name that Tune Trivia 11:00 AM Yoga with Heather 1:15 PM Stamp Art with Kattia 2:30 PM Champagne and Cheers Happy Hour (CY) 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie	7 10:00 AM Golden Garden Club 10:15 AM Music and Movement 11:00 AM Stingray Readers Program 1:00 PM Matinee Musical (Movie Theater) 2:00 PM Sunshine and Snacks in the Courtyard (1st Floor) 2:30 PM Live Entertainment: Laurie and Stu (DR) 3:30PM Visit with Lola the Neighborhood Cat 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie HAPPY BIRTHDAY STANLEY R. (APT. 306) !!!	8 10:00 AM Morning Brew Crew 10:15 AM Chair Aerobics 11:00 AM Travelogue History: Cuba 1:15 PM Piece by Piece Puzzle Club 2:00 PM Sunshine and Hydration in the Court-yard (1st Floor) (Courtyard) 2:30 PM Build Your Own Parfait (BR) 2:30 PM Balloon Tennis and Hydration 3:00 PM Karaoke Sing-A-Long Dance Party 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie	9 10:00 AM Golden Garden Club 10:15 AM Gentle Flow Tai Chi 11:00 AM Spanish Songs and Sayings 1:15 PM Memory Blooms Flower Arranging 2:30 PM Live Entertainment (2nd floor) 3:45 PM Balloon Tennis 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie	10 10:00 AM Golden Garden Club 10:15 AM Drum Beat Cardio 11:00 AM Dance Party Sing-A-Long 1:15 PM Bingo Club 2:15 PM Sabbath Services with Rabbi Andrew 2:30 PM Sunshine and Snacks (Patio) 3:00 PM Visit with Bonafide Therapy Dogs 3:45 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie						
11 10:00 AM Spiritual Sing-A-Long 10:15 AM Zumba Gold Fitness 11:00 AM Brain Fitness Trivia 1:15 PM Ann’s Jewelry Workshop 2:00 PM Sunshine and Snacks (Patio) 2:30 PM Live Entertainment: Thierry (DR) 3:45 PM Balloon Tennis 4:00 PM Sunset Meditation 6:00 PM Resident Choice Movie	12 10:00 AM Golden Garden Club 10:15 AM Seated Silver Sneakers 11:00 AM Memory Match Games 1:00 PM Polished and Posh Manicures 1:30 PM Aromatherapy Massages 2:00 PM Sunshine and Snacks (Courtyard) 2:30 PM Live Entertainment: Alex Dean (DR) 3:45 PM Balloon Tennis 4:15 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie	13 10:00 AM Golden Garden Club 10:15 AM Name that Tune Trivia 11:00 AM Yoga with Heather 11:30 AM Outing: Bonefish Grill (ML) 1:15 PM Stamp Art with Kattia 2:30 PM Champagne and Cheers Happy Hour (CY) 2:30 PM Carmen’s Soundscape Music Program 3:15 PM Bingo Club 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie HAPPY BIRTHDAY CAROL N. (APT. 502) !!!	14 10:00 AM Golden Garden Club 10:15 AM Music and Movement 11:00 AM Family Feud Trivia 11:30 AM Brews, Blues and BBQ (CY) 1:00 PM Matinee Musical (Movie Theater) 2:00 PM Sunshine and Snacks (Patio) 2:30 PM Music Around the World 3:30PM Visit with Lola the Neighborhood Cat 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie HAPPY BIRTHDAY DOROTHY O. (APT. 303) !!!	15 10:00 AM Morning Brew Crew 10:15 AM Chair Aerobics 11:00 AM Travelogue History: New York 1:15 PM Piece by Piece Puzzle Club 2:00 PM Sunshine and Hydration in the Court-yard (1st Floor) (Courtyard) 2:30 PM Red Hat Society Tea Party (BR) 2:30 PM Balloon Tennis and Hydration 3:00 PM Karaoke Sing-A-Long Dance Party 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie	16 10:00 AM Golden Garden Club 10:15 AM Gentle Flow Tai Chi 11:00 AM Creole Songs and Sayings 1:15 PM Memory Mosaic Sticker Art 2:30 PM Live Entertainment (2nd floor) 3:45 PM Balloon Tennis 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie	17 10:00 AM Golden Garden Club 10:15 AM Drum Beat Cardio 11:00 AM Dance Party Sing-A-Long 1:15 PM Bingo Club 2:15 PM Sabbath Services with Rabbi Andrew 2:30 PM Sunshine and Snacks (Patio) 3:00 PM Balloon Tennis and Hydration 3:45 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie						
18 10:00 AM Spiritual Sing-A-Long 10:15 AM Zumba Gold Fitness 11:00 AM Brain Fitness Trivia 1:15 PM Ann’s Jewelry Workshop 2:00 PM Sunshine and Snacks (Patio) 2:30 PM Live Entertainment: Tessie (DR) 3:45 PM Balloon Tennis 4:00 PM Sunset Meditation 6:00 PM Resident Choice Movie	19 10:00 AM Golden Garden Club 10:15 AM Seated Silver Sneakers 11:00 AM Memory Match Games 1:00 PM Polished and Posh Manicures 1:30 PM Aromatherapy Massages 2:00 PM Sunshine and Snacks (Courtyard) 2:30 PM Live Entertainment: Garth Bright (DR) 3:45 PM Balloon Tennis 4:15 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie	20 10:00 AM Golden Garden Club 10:15 AM Name that Tune Trivia 11:00 AM Yoga with Heather 1:15 PM Stamp Art with Kattia 2:30 PM Champagne and Cheers Happy Hour (CY) 2:30 PM Carmen’s Soundscape Music Program 3:15 PM Bingo Club 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie	21 10:00 AM Golden Garden Club 10:15 AM Music and Movement 11:00 AM Family Feud Trivia 1:00 PM Matinee Musical (Movie Theater) 2:00 PM Sunshine and Snacks in the Courtyard (1st Floor) 2:30 PM Live Entertainment: Laurie and Stu (DR) 3:30PM Visit with Lola the Neighborhood Cat 4:00 PM Sunset Stretch and Meditation 5:00 PM Memory Care Support Group (AR) 6:00 PM Resident Choice Movie	22 10:00 AM Morning Brew Crew 10:15 AM Chair Aerobics 11:00 AM Travelogue History: California 1:15 PM Piece by Piece Puzzle Club 2:00 PM Sunshine and Hydration in the Court-yard (1st Floor) (Courtyard) 2:30 PM Cheese Lovers Day (CR) 2:30 PM Balloon Tennis and Hydration 3:00 PM Karaoke Sing-A-Long Dance Party 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie	23 10:00 AM Golden Garden Club 10:15 AM Gentle Flow Tai Chi 11:00 AM Spanish Songs and Sayings 1:15 PM Memory Blooms Flower Arranging 2:30 PM Live Entertainment (2nd floor) 3:45 PM Balloon Tennis 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie	24 10:00 AM Golden Garden Club 10:15 AM Drum Beat Cardio 11:00 AM Dance Party Sing-A-Long 1:15 PM Bingo Club 2:15 PM Sabbath Services with Rabbi Andrew 2:30 PM Sunshine and Snacks (Patio) 3:00 PM Balloon Tennis and Hydration 3:45 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie						
25 10:00 AM Spiritual Sing-A-Long 10:15 AM Zumba Gold Fitness 11:00 AM Brain Fitness Trivia 1:15 PM Ann’s Jewelry Workshop 2:00 PM Sunshine and Snacks (Patio) 2:30 PM Live Entertainment: Dan Casitore (DR) 3:45 PM Balloon Tennis 4:00 PM Sunset Meditation 6:00 PM Resident Choice Movie	26 10:00 AM Golden Garden Club 10:15 AM Seated Silver Sneakers 11:00 AM Memory Match Games 1:00 PM Polished and Posh Manicures 1:30 PM Aromatherapy Massages 2:00 PM Sunshine and Snacks (Courtyard) 2:30 PM Live Entertainment: Thierry (DR) 3:45 PM Balloon Tennis 4:15 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie HAPPY BIRTHDAY PATRICK M. (APT. 408) !!!	27 10:00 AM Golden Garden Club 10:15 AM Name that Tune Trivia 11:00 AM Yoga with Heather 11:30 AM Outing: South Florida Fair (ML) 1:15 PM Stamp Art with Kattia 2:30 PM Champagne and Cheers Happy Hour (CY) 2:30 PM Carmen’s Soundscape Music Program 3:15 PM Bingo Club 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie HAPPY BIRTHDAY STANLEY W. (APT. 210) !!!	28 10:00 AM Golden Garden Club 10:15 AM Music and Movement 11:00 AM Stingray Readers Program 11:30 AM Brews, Blues and BBQ (CY) 1:00 PM Matinee Musical (Movie Theater) 2:00 PM Sunshine and Snacks in the Courtyard (1st Floor) 2:30 PM Music Around the World 3:30PM Visit with Lola the Neighborhood Cat 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie	29 10:00 AM Morning Brew Crew 10:15 AM Chair Aerobics 11:00 AM Travelogue History: California 1:15 PM Piece by Piece Puzzle Club 2:00 PM Sunshine and Hydration in the Court-yard (1st Floor) (Courtyard) 2:30 PM Culinary Creations with the Chef (DR) 2:30 PM Balloon Tennis and Hydration 3:00 PM Karaoke Sing-A-Long Dance Party 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie	30 10:00 AM Golden Garden Club 10:15 AM Gentle Flow Tai Chi 11:00 AM Creole Songs and Sayings 1:15 PM Memory Mosaic Sticker Art 2:30 PM Live Entertainment (2nd floor) 3:45 PM Balloon Tennis 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie	31 10:00 AM Golden Garden Club 10:15 AM Drum Beat Cardio 11:00 AM Dance Party Sing-A-Long 1:15 PM Bingo Club 2:15 PM Sabbath Services with Rabbi Andrew 2:30 PM Sunshine and Snacks (Patio) 3:00 PM Balloon Tennis and Hydration 3:45 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie						