THE NEIGHBORHOOD CALENDAR

	December					
<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
	10:00 AM Golden Garden Club 10:15 AM Seated Silver Sneakers 11:00 AM Memory Match Games 1:00 PM Polished and Posh Manicures 1:30 PM Aromatherapy Massages 2:00 PM Sunshine and Snacks (Courtyard) 2:30 PM Live Entertainment: Master Musicians (DR) 3:45 PM Balloon Tennis 4:15 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie	10:00 AM Golden Garden Club 10:15 AM Name that Tune Trivia 11:00 AM Yoga with Heather 1:15 PM Stamp Art with Kattia 2:30 PM Champagne Happy Hour (1st floor Bistro) 2:30 PM Carmen's Soundscape Music Program 3:15 PM Bingo Club 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie	10:00 AM Golden Garden Club 10:15 AM Music and Movement 11:00 AM Family Feud Trivia 1:00 PM Matinee Musical (Movie Theater) 2:00 PM Sunshine and Snacks in the Courtyard (1st Floor) 2:30 PM Live Entertainment: John Lariviere (DR) 3:30 PM Visit with Lola the Neighborhood Cat 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie HAPPY BIRTHDAY MARTIN L. (APT. 215) !!!	10:00 AM Morning Brew Crew 10:15 AM Chair Aerobics 11:00 AM Travelogue History: Cuba 1:15 PM Ornament Decorating Craft 2:00 PM Sunshine and Hydration in the Courtyard (1st Floor) (Courtyard) 2:30 PM Snow Day Snacks (BR) 2:30 PM Balloon Tennis and Hydration 3:00 PM Karaoke Sing-A-Long Dance Party 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie HAPPY BIRTHDAY MICHAEL M. (APT. 320)!!!	10:00 AM Golden Garden Club 10:15 AM Gentle Flow Tai Chi 11:00 AM Spanish Songs and Sayings 1:15 PM Memory Mosaic Sticker Art 2:30 PM Live Entertainment (2nd floor) 3:45 PM Balloon Tennis 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie	10:00 AM Golden Garden Club 10:15 AM Drum Beat Cardio 11:00 AM Dance Party Sing-A-Long 1:15 PM Bingo Club 2:15 PM Sabbath Services with Rabbi Andrew 2:30 PM Afternoon Snack 3:00 PM Visit with the Therapy Dog 3:45 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie
7 10:00 AM Spiritual Sing-A-Long 10:15 AM Zumba Gold Fitness 11:00 AM Brain Fitness Trivia 1:15 PM Ann's Jewelry Workshop 2:00 PM Sunshine and Snacks (Patio) 2:30 PM Live Entertainment: Tessie (DR) 3:45 PM Balloon Tennis 4:00 PM Sunset Meditation 6:00 PM Resident Choice Movie	10:00 AM Golden Garden Club 10:15 AM Seated Silver Sneakers 11:00 AM Christmas Tree Decorating 1:00 PM Polished and Posh Manicures 1:30 PM Aromatherapy Massages 2:00 PM Sunshine and Snacks (Courtyard) 2:30 PM Live Entertainment: Garth Bright (CY) 3:45 PM Balloon Tennis 4:15 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie	10:00 AM Golden Garden Club 10:15 AM Name that Tune Trivia 11:00 AM Yoga with Heather 1:15 PM Stamp Art with Kattia 2:30 PM Winter Wonderland Show (CY) 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie	10 10:00 AM Golden Garden Club 10:15 AM Music and Movement 11:00 AM Family Feud Trivia 11:30 AM Brews, Blues and BBQ (CY) 1:00 PM Matinee Musical (Movie Theater) 2:00 PM Sunshine and Snacks in the Courtyard (1st Floor) 2:30 PM Create with Clay 3:30 PM Create with Lola the Neighborhood Cat 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie	11 10:00 AM Morning Brew Crew 10:15 AM Chair Aerobics 11:00 AM Travelogue History: Cuba 1:15 PM Christmas Wreath Craft 2:00 PM Sunshine and Hydration in the Courtyard (1st Floor) (Courtyard) 2:30 PM Build A Ginger Bread House 2:30 PM Balloon Tennis and Hydration 3:00 PM Karaoke Sing-A-Long Dance Party 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie	12 10:00 AM Golden Garden Club 10:15 AM Gentle Flow Tai Chi 11:00 AM Spanish Songs and Sayings 1:15 PM Memory Blooms Flower Arranging 2:30 PM Live Entertainment (2nd floor) 3:45 PM Balloon Tennis 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie HAPPY BIRTHDAY TERESA H. (APT. 603) !!!	10:00 AM Golden Garden Club 10:15 AM Drum Beat Cardio 11:00 AM Dance Party Sing-A-Long 1:15 PM Bingo Club 2:15 PM Sabbath Services with Rabbi Andrew 2:30 PM Sunshine and Snacks (Patio) 3:00 PM Balloon Tennis and Hydration 3:45 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie
10:00 AM Spiritual Sing-A-Long 10:15 AM Zumba Gold Fitness 11:00 AM Brain Fitness Trivia 1:15 PM Ann's Jewelry Workshop 2:00 PM Sunshine and Snacks (Patio) 2:30 PM Live Entertainment: Laurie and Stu (DR) 3:45 PM Balloon Tennis 4:00 PM Sunset Meditation 4:30 PM Hanukkah Dinner Celebration (RSVP) 5:00 PM Lighting of the Candles 6:00 PM Resident Choice Movie Happy First Night of Hanukkah!!	10:00 AM Golden Garden Club 10:15 AM Seated Silver Sneakers 11:00 AM Sensory Snow Boxes 1:00 PM Polished and Posh Manicures 1:30 PM Merry and Bright Contest 2:00 PM Sunshine and Snacks (Courtyard) 2:30 PM Live Entertainment: Dan Casitore (DR) 3:45 PM Balloon Tennis 4:15 PM Sunset Stretch and Meditation 5:00 PM Lighting of the Candles 6:00 PM Resident Choice Movie MERRY AND BRIGHT MONDAY!!!	10:00 AM Golden Garden Club 10:15 AM Name that Tune Trivia 11:00 AM Yoga with Heather 11:30 AM Outing: 100ft Christmas Tree 1:15 PM Dreidel Arts and Crafts 2:30 PM Champagne Happy Hour (1st floor Bistro) 2:30 PM Carmen's Soundscape Music Program 3:15 PM Bingo Club 4:00 PM Sunset Stretch and Meditation 5:00 PM Lighting of the Candles 6:00 PM Resident Choice Movie FESTIVE HAT DAY!! HAPPY BIRTHDAY RONALD M. (APT. 207) !!!	10:00 AM Golden Garden Club 10:15 AM Music and Movement 11:00 AM Family Feud Trivia 1:00 PM Snow Ball Fight 2:00 PM Sunshine and Snacks (Patio) 2:30 PM Live Entertainment: Bob MacDonald (DR) 3:30 PM Live Entertainment: Bob MacDonald (DR) 3:30 PM Visit with Lola the Neighborhood Cat 4:00 PM Sunset Stretch and Meditation 5:00 PM Lighting of the Candles 5:00 PM Memory Care Support Group 6:00 PM Resident Choice Movie WINTER WONDERLAND WEDNESDAY!!	10:00 AM Morning Brew Crew 10:15 AM Chair Aerobics 11:00 AM Travelogue History: New York 1:15 PM Guess that Scent— Winter Edition 2:00 PM Sunshine and Hydration in the Courtyard (1st Floor) (Courtyard) 2:30 PM Culinary Creations with the Chef (DR 1st Floor) 2:30 PM Balloon Tennis and Hydration 3:00 PM Karaoke Sing-A-Long Dance Party 4:00 PM Sunset Stretch and Meditation 5:00 PM Lighting of the Candles 6:00 PM Resident Choice Movie COZY CHRISTMAS PJ THURSDAY!!	10:00 AM Golden Garden Club 10:15 AM Gentle Flow Tai Chi 11:00 AM Creole Songs and Sayings 1:15 PM Memory Mosaic Sticker Art 2:30 PM Live Entertainment (2nd floor) 3:45 PM Balloon Tennis 4:00 PM Sunset Stretch and Meditation 5:00 PM Lighting of the Candles 6:00 PM Resident Choice Movie UGLY CHRISTMAS SWEATER FRIDAY!!!	10:00 AM Golden Garden Club 10:15 AM Drum Beat Cardio 11:00 AM Dance Party Sing-A-Long 1:15 PM Bingo Club 2:15 PM Sabbath Services with Rabbi Andrew 2:30 PM Sunshine and Snacks (Patio) 3:00 PM Balloon Tennis and Hydration 3:45 PM Sunset Stretch and Meditation 5:00 PM Lighting of the Candles 6:00 PM Resident Choice Movie
21 10:00 AM Spiritual Sing-A-Long 10:15 AM Zumba Gold Fitness 11:00 AM Brain Fitness Trivia 1:15 PM Ann's Jewelry Workshop 2:00 PM Sunshine and Snacks (Patio) 2:30 PM Live Entertainment: Tessie (DR) 3:45 PM Balloon Tennis 4:00 PM Sunset Meditation 5:00 PM Lighting of the Candles 6:00 PM Resident Choice Movie	10:00 AM Golden Garden Club 10:15 AM Seated Silver Sneakers 11:00 AM Holiday Greeting Cards 1:00 PM Polished and Posh Manicures 1:30 PM Aromatherapy Massages 2:00 PM Sunshine and Snacks (Courtyard) 2:30 PM Live Entertainment: Thierry (DR) 3:45 PM Balloon Tennis 4:15 PM Sunset Stretch and Meditation 5:00 PM Lighting of the Candles 6:00 PM Resident Choice Movie	23 10:00 AM Golden Garden Club 10:15 AM Name that Tune Trivia 11:00 AM Yoga with Heather 1:15 PM Stamp Art with Kattia 2:30 PM Champagne Happy Hour (1st floor Bistro) 2:30 PM Carmen's Soundscape Music Program 3:15 PM Bingo Club 4:00 PM Sunset Stretch and Meditation 5:30 PM Outing: Christmas Light Show Bus Ride 6:00 PM Resident Choice Movie	10:00 AM Golden Garden Club 10:15 AM Music and Movement 11:00 AM Family Feud Trivia 1:00 PM Classic Christmas Movie & Popcorn (MT 1st Floor) 2:00 PM Sunshine and Snacks in the Courtyard (1st Floor) 2:30 PM Live Entertainment: Pam Abrams Christmas Show (DR) 3:30 PM Visit with Lola the Neighborhood Cat 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie	25 10:00 AM Jingle Bell Chair Aerobics 10:30 AM Christmas Brew Crew 11:00 AM Christmas Trivia 11:30 AM Christmas Brunch 1st Seating (RSVP) 12:30 PM Meet and Greet with Santa 1:30 PM Christmas Brunch 2nd Seating (RSVP) 1:30 PM Christmas Caroling Sing-A-Long 2:30 PM Balloon Tennis and Hydration 3:00 PM Sunset Meditation 6:00 PM Resident Choice Movie Merry Christmas!!!	26 10:00 AM Golden Garden Club 10:15 AM Gentle Flow Tai Chi 11:00 AM Spanish Songs and Sayings 1:15 PM Memory Blooms Flower Arranging 2:30 PM Live Entertainment (2nd floor) 3:45 PM Balloon Tennis 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie	10:00 AM Golden Garden Club 10:15 AM Drum Beat Cardio 11:00 AM Dance Party Sing-A-Long 1:15 PM Bingo Club 2:15 PM Sabbath Services with Rabbi Andrew 2:30 PM Sunshine and Snacks (Patio) 3:00 PM Balloon Tennis and Hydration 3:45 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie HAPPY BIRTHDAY BONNIE S. (APT. 305)!!!
10:00 AM Spiritual Sing-A-Long 10:15 AM Zumba Gold Fitness 11:00 AM Brain Fitness Trivia 1:15 PM Ann's Jewelry Workshop 2:00 PM Sunshine and Snacks (Patio) 2:30 PM Live Entertainment: Laurie and Stu (DR) 3:45 PM Balloon Tennis 4:00 PM Sunset Meditation 6:00 PM Resident Choice Movie	10:00 AM Golden Garden Club 10:15 AM Seated Silver Sneakers 11:00 AM Memory Match Games 1:00 PM Polished and Posh Manicures 1:30 PM Aromatherapy Massages 2:00 PM Sunshine and Snacks (Courtyard) 2:30 PM Live Entertainment: Thierry (DR) 3:45 PM Balloon Tennis 4:15 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie	10:00 AM Golden Garden Club 10:15 AM Name that Tune Trivia 11:00 AM Yoga with Heather 1:15 PM Stamp Art with Kattia 2:30 PM Champagne Happy Hour (1st floor Bistro) 2:30 PM Carmen's Soundscape Music Program 3:15 PM Bingo Club 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie	10:00 AM Golden Garden Club 10:15 AM Music and Movement 11:00 AM Family Feud Trivia 1:00 PM Matinee Musical (Movie Theater) 2:00 PM Sunshine and Snacks in the Courtyard (1st Floor) 2:30 PM New Year's Eve Party and Staff Talent Show (CY) 3:30PM Visit with Lola the Neighborhood Cat 4:00 PM Sunset Stretch and Meditation 4:30 PM New Year's Eve Dinner (RSVP) (DR) 6:00 PM Resident Choice Movie			