2025

4:30 PM SUNSET MEDITATION (FS)

6:30 PM ROMANCE EVENING MOVIE (MT)

September

Assisted Living

	A COSTOCOM ETVITIES					
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7	1 10:00 AM MORNING BREW CREW (BS) 10:30 AM STRENGTH TRAINING WITH DIEGO (AR) 11:15 AM CRAFTS WITH THE BOYNTON BEACH WOMEN'S CLUB (AS) 11:30 AM LABOR DAY BBQ (DR) 1:00 PM RESIDENTS' POPCORN AND PICKS (MT) 1:15 PM POLISHED AND POSH MANICURES (AR) 2:30 PM LIVE ENTERTAINMENT: MASTER MUSICIANS (DR) 3:45 PM TECHNOLOGY TUTORING WITH SAM (LR) 6:30 PM MUSICAL MOVIE MONDAYS (MT)	10:15 AM YOGA WITH NAYA (FS) 10:45 COFFEE AND CONVERSATIONS (BR) 11:15 AM BALLOON TENNIS (AR) 1:00 PM RESIDENTS' POPCORN AND PICKS (MT) 1:30 PM BINGO CLUB (AR) 2:30 PM CHAMPAGNE AND CHEERS HAPPY HOUR (AR) 3:15 PM RUMMIKUBE CLUB (AR) 3:45 PM HEALTH CHAT WITH ELISSA (LR) 4:15 PM NAME THAT TUNE (CY) 6:30 PM EVENING MOVIE TUESDAYS (MT) HAPPY BIRTHDAY MARILYN P. !!! (APT. 201) HAPPYBIRTHDAY PATRICIA B. !!! (Apt. 503)	10:15 AM MUSIC AND MOVEMENT (FS) 10:45 AM THE MORNING BREW CREW (BR) 11:15 AM CR8 ART WITH CHRISTINA (AR) 1:15 PM ANN'S JEWELRY WORKSHOP (AR) 2:30 PM LIVE ENTERTAINMENT: THIERRY (DR) 3:45 PM NON-DENOMINATIONAL SERVICE WITH DAVID JEREMIAH / PRAYER GROUP (AR) 4:30 PM SUNSET MEDITATION (CY) 6:30 PM WESTERN MOVIE WEDNESDAYS (MT) HAPPY BIRTHDAY DANIEL B. !!! (APT. 418)	10:00 AM COFFEE AND CHAT WITH MIKE (AR) 10:30 AM GOLDEN GARDEN CLUB 10:45 AM CHAIR AEROBICS (FS) 11:15 AM SING-A-LONG KARAOKE (AR) 1:30 PM BINGO CLUB (AR) 2:30 PM TACO BOUT A GOOD TIME!! (AR) 3:15 PM OUTING: AMF BOWLING (SIGN UP) (ML) 4:00 PM SUNSET MEDITATON (FS) 6:30 PM THROWBACK MOVIE THURSDAYS (MT) NATIONAL BOWLING DAY!!	10:15 DRUM BEAT CARDIO (FS) 10:45 AM THE MORNING BREW CREW (BR) 11:15 AM FLOWERS FOR FRIENDS (AR) 1:00 PM RESIDENTS POPCORN AND PICKS (MT) 1:30 PM TRIP TO PUBLIX (SIGN UP) (ML) 2:30 PM GIANT JENGA PUZZLE (AR) 3:30 PM BASKETBALL CLUB (3RD FLOOR) 4:00 RUMMIKUBE CLUB (AR) 5:00 PM FRIDAY NIGHT ELEGANCE (DR)	10:15 AM LOWER BODY EXERCISES WITH SENIOR FITNESS MEREDITH (FS) 11:00 AM RESIDENT LED CARD GAMES (AR) 11:30 AM LEGENDS OF THE SILVER SCREEN (MT) 1:15 PM SABBATH SERVICE WITH RABBI ANDREW (MT) 2:30 PM VISIT WITH THE THERAPY DOG (AR) 3:00 PM BINGO CLUB (AR) 3:30 PM TRAVELOGUE HISTORY TRIVIA (AR) 4:00 PM SUNSET MEDITATION (FS) 6:30 PM MYSTERY EVENING MOVIE (MT)
10:00 AM ZUMBA GOLD FITNESS (FS) 10:30 AM CHURCH SERVICE (AR) 11:00 AM COMMUNION (AR) 11:30 AM LEGENDS OF THE SILVER SCREEN (MT) 1:00 PM RESIDENTS' POPCORN AND PICKS (MT) 1:30 PM DOMINOES CLUB RESIDENT LED (AR) 2:30 PM LIVE ENTERTAINMENT: TESSIE (DR) 3:45 PM GRANDPARENT'S DAY PHOTOSHOOT (AR) 4:15 PM SUNSET MEDITATION (FS) 6:30 PM ROMANCE EVENING MOVIE (MT) NATIONAL GRANDPARENTS DAY!! HAPPY BIRTHDAY JUDITH H. !!! (APT. 403)	10:00 AM MORNING BREW CREW (BS) 10:30 AM STRENGTH TRAINING WITH SAM (FS) 11:15 AM CRAFTS WITH HERMINE (AR) 1:00 PM RESIDENTS' POPCORN AND PICKS (MT) 1:15 PM BARBER SHOP CLUB (AR) 2:30 PM LIVE ENTERTAINMENT: DAN CASITORE (DR) 3:45 PM TECHNOLOGY TUTORING WITH AUSTIN (LR) 6:30 PM MUSICAL MOVIE MONDAYS (MT)	10:15 AM YOGA WITH NAYA (FS) 10:45 WACKY HISTORY AND TRIVIA WITH STEPHANIE FROM CARING PEOPLE (BR) 11:15 AM BALLOON TENNIS (AR) 1:00 PM RESIDENTS' POPCORN AND PICKS (MT) 1:30 PM BINGO CLUB (AR) 2:30 PM CHAMPAGNE AND CHEERS HAPPY HOUR AND ENTERTAINMENT (DR) 3:15 PM RUMMIKUBE CLUB (AR) 4:15 PM NAME THAT TUNE (CY) 6:30 PM EVENING MOVIE TUESDAYS (MT)	10 10:15 AM MUSIC AND MOVEMENT (FS) 10:45 AM THE MORNING BREW CREW (BR) 11:15 AM JEOPARDY CLUB (AR) 11:30 AM BREWS, BLUES AND BBQ (DR) 1:15 PM ANN'S JEWELRY WORKSHOP (AR) 2:30 PM CREATIVE WRITING SHORT STORIES (AR) 3:45 PM NON-DENOMINATIONAL SERVICE WITH DAVID JEREMIAH / PRAYER GROUP (AR) 4:30 PM SUNSET MEDITATION (CY) 6:30 PM WESTERN MOVIE WEDNESDAYS (MT)	1 1 10:00 AM COFFEE AND CHAT WITH MIKE (AR) 10:30 AM MOMENT OF SILENCE / THANK A FIRST RESPONDER LETTER (AR) 10:45 AM CHAIR AEROBICS (FS) 11:00 AM OUTING: LOCAL FIRE STATION (SIGN UP) (ML) 11:15 AM SING-A-LONG KARAOKE (AR) 1:30 PM BINGO CLUB (AR) 2:30 PM CUBAN CAFÉ SOCIAL (AR) 3:15 PM VIRTUAL BOWLING (3RD FLOOR) 4:00 PM SUNSET MEDITATON (FS) 6:30 PM THROWBACK MOVIE THURSDAYS (MT)	12 10:15 DRUM BEAT CARDIO (FS) 10:45 AM THE MORNING BREW CREW (BR) 11:15 AM THE PRICE IS RIGHT (AR) 1:00 PM RESIDENTS' POPCORN AND PICKS (MT) 1:30 PM TRIP TO TARGET (SIGN UP) (ML) 2:30 PM CHOCOLATE MILKSHAKE DAY!! (BR) 3:30 PM BASKETBALL CLUB (3RD FLOOR) 4:00 RUMMIKUBE CLUB (AR) 5:00 PM FRIDAY NIGHT ELEGANCE (DR) HAPPY BIRTHDAY LAWRENCE G. !!! (APT. 315)	10:15 AM LOWER BODY EXERCISES WITH SENIOR FITNESS MEREDITH (FS) 11:00 AM RESIDENT LED CARD GAMES (AR) 11:30 AM LEGENDS OF THE SILVER SCREEN (MT) 1:15 PM SABBATH SERVICE WITH RABBI ANDREW (MT) 2:30 PM BINGO CLUB (AR) 3:30 PM TRAVELOGUE HISTORY TRIVIA (AR) 4:00 PM SUNSET MEDITATION (FS) 6:30 PM MYSTERY EVENING MOVIE (MT)
14 10:00 AM ZUMBA GOLD FITNESS (FS) 10:30 AM CHURCH SERVICE (AR) 11:00 AM COMMUNION (AR) 11:30 AM LEGENDS OF THE SILVER SCREEN (MT) 1:00 PM RESIDENTS' POPCORN AND PICKS (MT) 1:30 PM DOMINOES CLUB RESIDENT LED (AR) 2:30 PM LIVE ENTERTAINMENT: HEART AND SOUL (DR) 3:45 PM BINGO CLUB (AR) 4:30 PM SUNSET MEDITATION (FS) 6:30 PM ROMANCE EVENING MOVIE (MT)	15 10:00 AM MORNING BREW CREW (BS) 10:30 AM STRENGTH TRAINING WITH DIEGO (AR) 11:15 AM CRAFTS WITH THE BOYNTON BEACH WOMEN'S CLUB (AS) 1:00 PM RESIDENTS' POPCORN AND PICKS (MT) 1:00 PM POLISHED AND POSH MANICURES (AR) (SIGN UP) 2:30 PM LIVE ENTERTAINMENT: GARTH BRIGHT (DR) 3:45 PM TECHNOLOGY TUTORING WITH SAM (LR) 6:30 PM MUSICAL MOVIE MONDAYS (MT)	16 10:15 AM YOGA WITH NAYA (FS) 10:45 COFFEE AND CONVERSATIONS (BR) 11:15 AM BALLOON TENNIS (AR) 1:00 PM RESIDENTS' POPCORN AND PICKS (MT) 1:30 PM BINGO CLUB (AR) 2:30 PM CHAMPAGNE AND CHEERS HAPPY HOUR (AR) 3:30 PM ROGER GROSS PRESENTS (AR) 4:15 PM NAME THAT TUNE (CY) 6:30 PM EVENING MOVIE TUESDAYS (MT)	17 10:15 AM MUSIC AND MOVEMENT (FS) 10:45 AM THE MORNING BREW CREW (BR) 11:15 AM JEOPARDY TRIVIA (AR) 1:15 PM ANN'S JEWELRY WORKSHOP (AR) 2:30 PM LIVE ENTERTAINMENT: LAURIE AND STU (DR) 3:45 PM NON-DENOMINATIONAL SERVICE WITH DAVID JEREMIAH / PRAYER GROUP (AR) 4:30 PM SUNSET MEDITATION (CY) 5:00 PM MEMORY CARE SUPPORT GROUP (AR) 6:30 PM WESTERN MOVIE WEDNESDAYS (MT)	18 10:00 AM COFFEE AND CHAT WITH MIKE (AR) 10:30 AM GOLDEN GARDEN CLUB 10:45 AM CHAIR AEROBICS (FS) 11:15 AM SING-A-LONG KARAOKE (AR) 1:30 PM BINGO CLUB (AR) 2:30 PM HOLY GUACAMOLE SOCIAL AND ENTERTAINMENT DR) 3:45 PM OUTING: SABOR LATINO (SIGN UP) (ML) 4:00 PM SUNSET MEDITATON (FS) 6:30 PM THROWBACK MOVIE THURSDAYS (MT)	19 10:00 AM DRUM BEAT CARDIO (FS) 10:45 AM THE MORNING BREW CREW (BR) 11:15 AM FLOWERS FOR FRIENDS (AR) 1:00 PM RESIDENTS' POPCORN AND PICKS (MT) 1:30 PM TRIP TO WALMART (ML) (SIGN UP) 2:30 PM GIANT JENGA PUZZLE (AR) 3:30 PM BASKETBALL CLUB (3RD FLOOR) 4:00 RUMMIKUBE CLUB (AR) 5:00 PM FRIDAY NIGHT ELEGANCE (DR) 6:30 PM FUNNY FILM FRIDAYS (MT)	20 10:15 AM LOWER BODY EXERCISES WITH SENIOR FITNESS MEREDITH (FS) 11:00 AM RESIDENT LED CARD GAMES (AR) 11:30 AM LEGENDS OF THE SILVER SCREEN (MT) 1:15 PM SABBATH SERVICE WITH RABBI ANDREW (MT) 2:30 PM BINGO CLUB (AR) 3:30 PM TRAVELOGUE HISTORY TRIVIA (AR) 4:00 PM SUNSET MEDITATION (FS) 6:30 PM MYSTERY EVENING MOVIE (MT) HAPPY BIRTHDAY GAIL C. !!! (APT 421)
21 10:00 AM ZUMBA GOLD FITNESS (FS) 10:30 AM CHURCH SERVICE (AR) 11:00 AM COMMUNION (AR) 11:30 AM LEGENDS OF THE SILVER SCREEN (MT) 1:30 PM DOMINOES CLUB RESIDENT LED (AR) 2:30 PM LIVE ENTERTAINMENT: TESSIE (DR) 3:45 PM BINGO CLUB (AR) 4:30 PM SUNSET MEDITATION (FS) 6:30 PM ROMANCE EVENING MOVIE (MT)	10:00 AM MORNING BREW CREW (BS) 10:30 AM STRENGTH TRAINING WITH DIEGO (AR) 11:15 AM CRAFTS WITH HERMINE (AR) 1:00 PM RESIDENTS' POPCORN AND PICKS (MT) 1:00 PM BARBER SHOP CLUB (AR) 1:30 PM MONTHLY ACTIVITY MEETING (AR) 2:30 PM LIVE ENTERTAINMENT: DAN CASITORE (DR) 3:45 PM TECHNOLOGY TUTORING WITH AUSTIN (LR) 6:30 PM MUSICAL MOVIE MONDAYS (MT)	10:15 AM YOGA WITH NAYA (FS) 10:45 COFFEE AND CONVERSATIONS (BR) 11:15 AM BALLOON TENNIS (AR) 1:00 PM RESIDENTS' POPCORN AND PICKS (MT) 1:30 PM BINGO CLUB (AR) 2:30 PM CHAMPAGNE AND CHEERS HAPPY HOUR (AR) 3:15 PM RUMMIKUBE CLUB (AR) 4:15 PM NAME THAT TUNE (CY) 6:30 PM EVENING MOVIE TUESDAYS (MT)	24 10:15 AM MUSIC AND MOVEMENT (FS) 10:45 AM THE MORNING BREW CREW (BR) 11:15 AM CR8 ART WITH CHRISTINA (AR) 11:30 AM BREWS, BLUES AND BBQ (DR) 1:15 PM JEWELRY WORKSHOP WITH HAILEY (AR) 2:30 PM CREATIVE WRITING SHORT STORIES (AR) 3:45 PM NON-DENOMINATIONAL SERVICE WITH DAVID JEREMIAH / PRAYER GROUP (AR) 4:30 PM SUNSET MEDITATION (CY) 6:30 PM WESTERN MOVIE WEDNESDAYS (MT)	25 10:00 AM COFFEE AND CHAT WITH MIKE (AR) 10:30 AM GOLDEN GARDEN CLUB 10:45 AM CHAIR AEROBICS (FS) 11:00 AM OUTING: BOCA AQUARIUM (SIGN UP) (ML) 11:15 AM SING-A-LONG KARAOKE (AR) 1:30 PM BINGO CLUB (AR) 2:30 PM QUESADILLA FIESTA SOCIAL (AR) 3:15 PM VIRTUAL BOWLING (3RD FLOOR) 4:00 PM SUNSET MEDITATON (FS) 6:30 PM THROWBACK MOVIE THURSDAYS (MT) HAPPY BIRTHDAY ARTHUR B. !!! (APT. 416)	26 10:15 DRUM BEAT CARDIO (FS) 10:45 AM THE MORNING BREW CREW (BR) 11:15 AM FLOWERS FOR FRIENDS (AR) 1:00 PM RESIDENTS' POPCORN AND PICKS (MT) 1:30 PM TRIP TO DOLLAR TREE (SIGN UP) (ML) 2:30 PM SEPTEMBER BIRTHDAY CELEBRATION (DR) 3:30 PM BASKETBALL CLUB (3RD FLOOR) 4:00 RUMMIKUBE CLUB (AR) 5:00 PM FRIDAY NIGHT ELEGANCE (DR) 6:30 PM FUNNY FILM FRIDAYS (MT)	10:15 AM LOWER BODY EXERCISES WITH SENIOR FITNESS MEREDITH (FS) 11:00 AM RESIDENT LED CARD GAMES (AR) 11:30 AM LEGENDS OF THE SILVER SCREEN (MT) 1:15 PM SABBATH SERVICE WITH RABBI ANDREW (MT) 2:30 PM BINGO CLUB (AR) 3:30 PM LIFE COACHING WITH ANNA PARRISH (AR) 4:00 PM SUNSET MEDITATION (FS) 6:30 PM MYSTERY EVENING MOVIE (MT) HAPPY BIRTHDAY RICHARD Y. !!! (APT. 410)
28 10:00 AM ZUMBA GOLD FITNESS (FS) 10:30 AM CHURCH SERVICE (AR) 11:00 AM COMMUNION (AR) 11:30 AM LEGENDS OF THE SILVER SCREEN (MT) 1:00 PM RESIDENTS' POPCORN AND PICKS (MT) 1:30 PM DOMINOES CLUB RESIDENT LED (AR) 2:30 PM LIVE ENTERTAINMENT: LAURIE AND STU (DR) 3:45 PM BINGO CLUB (AR) 4:30 PM SUNSET MEDITATION (FS)	10:00 AM MORNING BREW CREW (BS) 10:30 AM STRENGTH TRAINING WITH DIEGO (AR) 11:15 AM CRAFTS WITH THE BOYNTON BEACH WOMEN'S CLUB (AS) 1:00 PM RESIDENTS' POPCORN AND PICKS (MT) 1:00 PM POLISHED AND POSH MANICURES (SIGN UP) (AR) 2:30 PM LIVE ENTERTAINMENT: PAM COHEN (DR)	30 10:15 AM YOGA WITH NAYA (FS) 10:45 COFFEE AND CONVERSATIONS (BR) 11:15 AM BALLOON TENNIS (AR) 1:00 PM RESIDENTS' POPCORN AND PICKS (MT) 1:30 PM BINGO CLUB (AR) 2:30 PM CHAMPAGNE AND CHEERS HAPPY HOUR (AR) 3:15 PM RUMMIKUBE CLUB (AR) 4:15 PM NAME THAT TUNE (CY) 6:30 PM EVENING MOVIE TUESDAYS (MT)		ROOM KEY: AR: ACTIVITY ROOM AS: ART STUDIO BR: BISTRO ROOM	DR: DINING ROOM CY: COURTYARD FS: FITNESS STUDIO LR: LIBRARY ML: MEET IN LOBBY MT: MOVIE THEATER	*ALL ACTIVITIES ARE SUBJECT TO CHANGE!

6:30 PM EVENING MOVIE TUESDAYS (MT)

3:45 PM TECHNOLOGY TUTORING WITH SAM (LR)

6:30 PM MUSICAL MOVIE MONDAYS (MT)