2025 SEPTEMBER

THE NEIGHBORHOOD CALENDAR

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<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
	10:00 AM Golden Garden Club 10:15 AM Seated Silver Sneakers 10:45 AM Refresh and Rehydrate 11:00 AM Memory Match Games 11:30 AM Labor Day BBQ 1:00 PM Polished and Posh Manicures 1:30 PM Aromatherapy Massages 2:00 PM Sunshine and Snacks (Patio) 2:30 PM Live Entertainment: Master Musicians (1st Floor) 3:45 PM Balloon Tennis 4:15 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie	2 10:00 AM Golden Garden Club 10:15 AM Name that Tune Trivia 11:00 AM Yoga with Heather 1:15 PM Balloon Stamp Art 2:30 PM Champagne Happy Hour (1st floor Bistro) 2:30 PM Carmen's Soundscape Music Program 3:15 PM Bingo Club 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie Happy Birthday Marilyn P. !!! (Apt. 201 Happy Birthday Patricia B. !!! (Apt. 503)	10:00 AM Golden Garden Club 10:15 AM Music and Movement 10:45 AM Refresh and Rehydrate 11:00 AM Family Feud Trivia 1:00 PM Matinee Musical (Movie Theater) 2:00 PM Sunshine and Snacks in the Courtyard (1st Floor) 2:30 PM Live Entertainment: Thierry (1st Floor) 3:30 PM Visit with Lola the Neighborhood Cat 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie Happy Birthday Daniel B. !!! (Apt. 418)	10:00 AM Morning Brew Crew 10:15 AM Chair Aerobics 10:45 AM Refresh and Rehydrate 11:00 AM Travelogue History: Austria 1:15 PM Creative Coloring 2:00 PM Sunshine and Hydration in the Courtyard (1st Floor) (Courtyard) 2:30 PM Taco Bout A Good Time (1st Floor Bistro) 2:30 PM Balloon Tennis and Hydration 3:00 PM Karaoke Sing-A-Long Dance Party 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie	10:00 AM Golden Garden Club 10:15 AM Gentle Flow Tai Chi 10:45 AM Refresh and Rehydrate 11:00 AM Creole Songs and Sayings 1:15 PM Memory Blooms Flower Arranging 2:30 PM Live Entertainment: Garth Bright (1st Floor) 3:45 PM Balloon Tennis 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie	10:00 AM Golden Garden Club 10:15 AM Drum Beat Cardio 10:45 AM Refresh and Rehydrate 11:00 AM Dance Party Sing-A-Long 1:15 PM Bingo Club 2:15 PM Sabbath Services with Rabbi Andrew 2:30 PM Afternoon Snack 3:00 PM Visit with the Therapy Dog 3:45 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie
10:00 AM Spiritual Sing-A-Long 10:15 AM Zumba Gold Fitness 10:45 AM Refresh and Rehydrate 11:00 AM Brain Fitness Trivia 1:15 PM Ann's Jewelry Workshop 2:00 PM Sunshine and Snacks (Patio) 2:30 PM Live Entertainment: Tessie 3:45 PM Grandparents Day Photoshoot (Activity Room) 4:00 PM Sunset Meditation 6:00 PM Resident Choice Movie Happy Birthday Judith H. !!! (Apt. 403)	10:00 AM Golden Garden Club 10:15 AM Seated Silver Sneakers 10:45 AM Refresh and Rehydrate 11:00 AM Memory Match Games 1:00 PM Polished and Posh Manicures 1:30 PM Aromatherapy Massages 2:00 PM Sunshine and Snacks (Patio) 2:30 PM Live Entertainment: Dan Casitore (1st Floor) 3:45 PM Balloon Tennis 4:15 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie	10:00 AM Golden Garden Club 10:15 AM Name that Tune Trivia 11:00 AM Yoga with Heather 1:00 PM Outing: Boca Aquarium 1:15 PM Balloon Stamp Art 2:30 PM Champagne Happy Hour (1st floor Bistro) 2:30 PM Carmen's Soundscape Music Program 3:15 PM Bingo Club 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie	10 10:00 AM Golden Garden Club 10:15 AM Music and Movement 10:45 AM Refresh and Rehydrate 11:00 AM Family Feud Trivia 11:30 AM Brews, Blues and BBQ 1:00 PM Matinee Musical (Movie Theater) 2:00 PM Sunshine and Snacks in the Courtyard (1st Floor) 2:30 PM Dominoes Club 3:30 PM Visit with Lola the Neighborhood Cat 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie	10:00 AM Morning Brew Crew 10:15 AM Chair Aerobics 10:45 AM Refresh and Rehydrate 11:00 AM Travelogue History: Cuba 1:15 PM Creative Coloring 2:00 PM Sunshine and Hydration in the Courtyard (1st Floor) (Courtyard) 2:30 PM Cuban Café Social (1st Floor Bistro) 2:30 PM Balloon Tennis and Hydration 3:00 PM Karaoke Sing-A-Long Dance Party 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie	10:00 AM Golden Garden Club 10:15 AM Gentle Flow Tai Chi 10:45 AM Refresh and Rehydrate 11:00 AM Spanish Songs and Sayings 1:15 PM Memory Blooms Flower Arranging 2:30 PM Live Entertainment: Alex Dean (1st Floor) 3:45 PM Balloon Tennis 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie Happy Birthday Lawrence G. !!! (Apt. 315)	10:00 AM Golden Garden Club 10:15 AM Drum Beat Cardio 10:45 AM Refresh and Rehydrate 11:00 AM Dance Party Sing-A-Long 1:15 PM Bingo Club 2:15 PM Spiritual Sing-A-Long 2:30 PM Sunshine and Snacks (Patio) 3:00 PM Balloon Tennis and Hydration 3:45 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie
10:00 AM Spiritual Sing-A-Long 10:15 AM Zumba Gold Fitness 10:45 AM Refresh and Rehydrate 11:00 AM Brain Fitness Trivia 1:15 PM Ann's Jewelry Workshop 2:00 PM Sunshine and Snacks (Patio) 2:30 PM Live Entertainment: Heart and Soul Duo 3:45 PM Balloon Tennis 4:00 PM Sunset Meditation 6:00 PM Resident Choice Movie	10:00 AM Golden Garden Club 10:15 AM Seated Silver Sneakers 10:45 AM Refresh and Rehydrate 11:00 AM Memory Match Games 1:00 PM Polished and Posh Manicures 1:30 PM Aromatherapy Massages 2:00 PM Sunshine and Snacks (Patio) 2:30 PM Live Entertainment: Garth Bright (1st Floor) 3:45 PM Balloon Tennis 4:15 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie	10:00 AM Golden Garden Club 10:15 AM Name that Tune Trivia 11:00 AM Yoga with Heather 1:15 PM Balloon Stamp Art 2:30 PM Champagne Happy Hour (1st floor Bistro) 2:30 PM Carmen's Soundscape Music Program 3:15 PM Bingo Club 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie	17 10:00 AM Golden Garden Club 10:15 AM Music and Movement 10:45 AM Refresh and Rehydrate 11:00 AM Family Feud Trivia 1:00 PM Matinee Musical (Movie Theater) 2:00 PM Sunshine and Snacks (Patio) 2:30 PM Live Entertainment: Laurie and Stu (1st Floor) 3:30 PM Visit with Lola the Neighborhood Cat 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie	10:00 AM Morning Brew Crew 10:15 AM Chair Aerobics 10:45 AM Refresh and Rehydrate 11:00 AM Travelogue History: New York 1:15 PM Creative Coloring 2:00 PM Sunshine and Hydration in the Courtyard (1st Floor) (Courtyard) 2:30 PM Holy Guacamole Social and Entertainment (1st Floor Dining Room) 2:30 PM Balloon Tennis and Hydration 3:00 PM Karaoke Sing-A-Long Dance Party 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie	10:00 AM Golden Garden Club 10:15 AM Gentle Flow Tai Chi 10:45 AM Refresh and Rehydrate 11:00 AM Creole Songs and Sayings 1:15 PM Memory Blooms Flower Arranging 2:30 PM Live Entertainment: Pam Cohen (1st Floor) 3:45 PM Balloon Tennis 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie	10:00 AM Golden Garden Club 10:15 AM Drum Beat Cardio 10:45 AM Refresh and Rehydrate 11:00 AM Dance Party Sing-A-Long 1:15 PM Bingo Club 2:15 PM Sabbath Services with Rabbi Andrew 2:30 PM Sunshine and Snacks (Patio) 3:00 PM Balloon Tennis and Hydration 3:45 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie Happy Birthday Gail C. !!! (Apt. 421)
21 10:00 AM Spiritual Sing-A-Long 10:15 AM Zumba Gold Fitness 10:45 AM Refresh and Rehydrate 11:00 AM Brain Fitness Trivia 1:15 PM Ann's Jewelry Workshop 2:00 PM Sunshine and Snacks (Patio) 2:30 PM Live Entertainment: Tessie 3:45 PM Balloon Tennis 4:00 PM Sunset Meditation 6:00 PM Resident Choice Movie	10:00 AM Golden Garden Club 10:15 AM Seated Silver Sneakers 10:45 AM Refresh and Rehydrate 11:00 AM Memory Match Games 1:00 PM Polished and Posh Manicures 1:30 PM Aromatherapy Massages 2:00 PM Sunshine and Snacks (Patio) 2:30 PM Live Entertainment: Dan Casitore (1st Floor) 3:45 PM Balloon Tennis 4:15 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie	23 10:00 AM Golden Garden Club 10:15 AM Name that Tune Trivia 11:00 AM Yoga with Heather 11:30 AM Outing: Sabor Latino 1:15 PM Balloon Stamp Art 2:30 PM Champagne Happy Hour (1st floor Bistro) 2:30 PM Carmen's Soundscape Music Program 3:15 PM Bingo Club 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie	10:00 AM Golden Garden Club 10:15 AM Music and Movement 10:45 AM Refresh and Rehydrate 11:00 AM Family Feud Trivia 11:30 AM Brews, Blues and BBQ 1:00 PM Matinee Musical (Movie Theater) 2:00 PM Sunshine and Snacks in the Courtyard (1st Floor) 2:30 PM Dominoes Club 3:30 PM Visit with Lola the Neighborhood Cat 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie	10:00 AM Morning Brew Crew 10:15 AM Chair Aerobics 10:45 AM Refresh and Rehydrate 11:00 AM Travelogue History: Chicago 1:15 PM Creative Coloring 2:00 PM Sunshine and Hydration in the Courtyard (1st Floor) (Courtyard) 2:30 PM Quesadilla Fiesta Social (1st Floor Bistro) 2:30 PM Balloon Tennis and Hydration 3:00 PM Karaoke Sing-A-Long Dance Party 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie Happy Birthday Arthur B. !!! (Apt. 416)	26 10:00 AM Golden Garden Club 10:15 AM Gentle Flow Tai Chi 10:45 AM Refresh and Rehydrate 11:00 AM Spanish Songs and Sayings 1:15 PM Memory Blooms Flower Arranging 2:30 PM September Birthday Celebration (1st Floor) 3:45 PM Balloon Tennis 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie	27 10:00 AM Golden Garden Club 10:15 AM Drum Beat Cardio 10:45 AM Refresh and Rehydrate 11:00 AM Dance Party Sing-A-Long 1:15 PM Bingo Club 2:15 PM Sabbath Services with Rabbi Andrew 2:30 PM Sunshine and Snacks (Patio) 3:00 PM Balloon Tennis and Hydration 3:45 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie Happy Birthday Rick Y. !!! (Apt. 410)
10:00 AM Spiritual Sing-A-Long 10:15 AM Zumba Gold Fitness 10:45 AM Refresh and Rehydrate 11:00 AM Brain Fitness Trivia 1:15 PM Ann's Jewelry Workshop 2:00 PM Sunshine and Snacks (Patio) 2:30 PM Live Entertainment: Laurie and Stu 3:45 PM Balloon Tennis 4:00 PM Sunset Meditation 6:00 PM Resident Choice Movie	10:00 AM Golden Garden Club 10:15 AM Seated Silver Sneakers 10:45 AM Refresh and Rehydrate 11:00 AM Memory Match Games 1:00 PM Polished and Posh Manicures 1:30 PM Aromatherapy Massages 2:00 PM Sunshine and Snacks (Patio) 2:30 PM Live Entertainment: Pam Cohen (1st Floor) 3:45 PM Balloon Tennis 4:15 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie	10:00 AM Golden Garden Club 10:15 AM Name that Tune Trivia 11:00 AM Yoga with Heather 2:30 PM Champagne Happy Hour (1st floor Bistro) 2:30 PM Carmen's Soundscape Music Program 3:15 PM Bingo Club 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie				*ALL ACTIVITIES ARE SUBJECT TO CHANGE!