

# 2024 November

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>ROOM KEY: AR: ACTIVITY ROOM AS: ART STUDIO BR: BISTRO ROOM DR: DINING ROOM CY: COURTYARD FS: FITNESS STUDIO LR: LIBRARY ML: MEET IN LOBBY MT: MOVIE THEATER</p>					<p><b>1</b> 10:15 DRUM BEAT CARDIO (FS) 10:45 AM COFFEE AND HYDRATION STATION (BR) <b>11:00 CR8 ART WITH CHRISTINA (AR)</b> 1:30 SEATED VOLLEYBALL (3RD FLOOR) <b>2:30 PM HAPPY HOUR AND LIVE ENTERTAINMENT WITH KAREN LEHRMAN (DR)</b> 3:30 PM RUMMIKUBE TOURNAMENT (AR) 4:30 PM SUNSET MEDITATION (FS) 6:30 PM EVENING MOVIE (MT) <b>NATIONAL JERSEY DAY!!</b> <b>WEAR YOUR FAVORITE TEAM JERSEY!!</b></p>	<p><b>2</b> 10:15 AM LOWER BODY EXERCISES WITH SENIOR FITNESS MEREDITH (FS) 11:00 AM RUMMIKUBE RESIDENT LED (AR) 11:30 AM TRAVELOGUE WITH RICK STEVES (FS) 1:15 PM SABBATH SERVICE WITH RABBI ANDREW (MT) 2:30 PM BINGO CLUB (AR) 3:30 PM SCRABBLE CLUB (AR) 4:30 PM SUNSET MEDITATION (FS) 6:30 PM EVENING MOVIE (MT)</p>
<p><b>3</b> 10:00 AM ZUMBA GOLD FITNESS (FS) 10:30 AM CHURCH SERVICE (AR) 11:00 AM COMMUNION (AR) 11:30 AM LEGENDS OF THE SILVER SCREEN (MT) 1:00 PM NFL FOOTBALL GAME (MT) 1:30 PM DOMINOES CLUB RESIDENT LED (AR) <b>2:30 PM LIVE ENTERTAINMENT: HEART AND SOUL DUO</b> 3:30 PM JEWELRY MAKING (AR) 4:30 PM SUNSET MEDITATION (FS) 6:30 PM EVENING MOVIE (MT)</p>	<p><b>4</b> 10:15 AM WALKING CLUB (ML) 10:45 AM COFFEE AND HYDRATION STATION (BR) 11:00 AM NEWSPRESS CLUB (AR) 1:00 MOVIE AND MANICURES (MT) <b>2:30 PM LIVE ENTERTAINMENT: RON ENTERTAINS</b> 3:45 PM SHORT STORY WITH SAM (AR) 4:15 PM YOU BE THE JUDGE (AR) 4:30 PM RUMMIKUBE (AR) 6:30 PM EVENING MOVIE (MT) <b>HAPPY BIRTHDAY MARGO S. !!! (APT 208)</b></p>	<p><b>5</b> 10:15 AM YOGA WITH HEATHER (FS) 10:45 AM COFFEE AND HYDRATION STATION (BR) 11:00 AM NAME THAT TUNE (CY) 1:30 PM JEOPARDY CLUB (AR) 2:30 PM BINGO CLUB (AR) 3:30 PM DOMINOES CLUB (AR) 4:30 PM SUNSET MEDITATION (FS) <b>6:00 PM BONFIRE SMORES NIGHT (CY)</b> 6:30 PM EVENING MOVIE (MT) <b>HAPPY ELECTION DAY!!</b></p>	<p><b>6</b> 10:15 AM MUSIC AND MOVEMENT (FS) <b>11:00 AM INK ART PROJECT (AS)</b> 1:30 PM BALLOON TENNIS (3RD FLOOR) <b>2:30 PM LIVE ENTERTAINMENT: MARLENA ROSE</b> 3:45 PM RUMMIKUBE CLUB (AR) 4:30 PM SUNSET MEDITATION (AR) 6:30 PM EVENING MOVIE (MT) <b>NATIONAL NACHO DAY!!</b></p>	<p><b>7</b> 10:00 AM CHAT WITH MIKE THE ED (AR) 10:45 AM CHAIR AEROBICS (FS) <b>11:15 AM OUTING: VETERAN'S PARK PICNIC</b> 1:30 PM BINGO CLUB (AR) <b>2:30 PM COOKING WITH CARLINZ (DR)</b> 3:30 PM CARD GAMES (AR) 4:30 PM SUNSET MEDITATON (FS) 6:30 PM EVENING MOVIE (MT)</p>	<p><b>8</b> 10:15 DRUM BEAT CARDIO (FS) 10:45 AM COFFEE AND HYDRATION STATION (BR) <b>11:00 FLOWER ARRANGING (AR)</b> 1:30 SEATED VOLLEYBALL (3RD FLOOR) <b>2:30 PM HAPPY HOUR AND LIVE ENTERTAINMENT WITH PAM COHEN (DR)</b> 3:30 PM RUMMIKUBE TOURNAMENT (AR) 4:30 PM SUNSET MEDITATION (FS) 6:30 PM EVENING MOVIE (MT)</p>	<p><b>9</b> 10:15 AM LOWER BODY EXERCISES WITH SENIOR FITNESS MEREDITH (FS) 11:00 AM DOMINOES RESIDENT LED (AR) 11:30 AM TRAVELOGUE WITH HOLLY CAPUTO (FS) 1:15 PM RUMMIKUBE CLUB RESIDENT LED (AR) 2:30 PM BINGO CLUB (AR) 3:30 PM SCRABBLE CLUB (AR) 4:30 PM SUNSET MEDITATION (FS) 6:30 PM EVENING MOVIE (MT)</p>
<p><b>10</b> 10:00 AM ZUMBA GOLD FITNESS (FS) 10:30 AM CHURCH SERVICE (AR) 11:00 AM COMMUNION (AR) 11:30 AM LEGENDS OF THE SILVER SCREEN (MT) 1:00 PM NFL FOOTBALL GAME (MT) 1:30 PM DOMINOES CLUB RESIDENT LED (AR) <b>2:30 PM LIVE ENTERTAINMENT: TESSIE PERFORMS</b> <b>3:30 PM WES PRESENTS: MUSIC AND TV SHOWS</b> 4:30 PM SUNSET MEDITATION (FS) 6:30 PM EVENING MOVIE (MT)</p>	<p><b>11</b> 10:15 AM WALKING CLUB (ML) <b>11:00 AM MONTHLY ACTIVITY MEETING (AR)</b> <b>11:30 AM VETERAN'S DAY LUNCH (DR)</b> 1:15 PM THE BARBERSHOP CLUB (AR) <b>2:30 PM LIVE ENTERTAINMENT: MASTER MUSICAINS</b> 3:45 PM SHORT STORY WITH SAM (AR) 4:15 PM RUMMIKUBE CLUB (AR) 6:30 PM EVENING MOVIE (MT) <b>VETERAN'S DAY</b></p>	<p><b>12</b> 10:15 AM YOGA WITH HEATHER (FS) 10:45 AM COFFEE AND HYDRATION STATION (BR) 11:30 AM NAME THAT TUNE (CY) <b>1:00 PM PIZZA BINGO PARTY (AR)</b> <b>2:30 PM NO SEW BLANKETS WITH THE WOMEN'S CLUB OF BOYNTON BEACH (AR)</b> 3:30 PM DOMINOES CLUB (AR) <b>4:30 PM WINE AND CHEESE TASTING (BR)</b> 6:30 PM EVENING MOVIE (MT)  <b>NATIONAL PIZZA DAY!!</b> <b>NATIONAL WINE DAY!!</b></p>	<p><b>13</b> 10:15 AM MUSIC AND MOVEMENT (FS) <b>11:00 AM FALL BOOKMARKS CRAFT (AS)</b> <b>11:30 AM BREWS, BLUES AND BBQ (CY)</b> 1:30 PM BALLOON TENNIS (3RD FLOOR) <b>2:30 PM MIXOLOGY 101: HONEY BOURBON OLD FASHION</b> 3:00 PM SING A LONG (AR) <b>3:45 PM HEALING HERBS WITH ELISSA RN (MT)</b> 4:30 PM SUNSET MEDITATION (AR) 6:30 PM EVENING MOVIE (MT)</p>	<p><b>14</b> 10:00 AM CHAT WITH MIKE THE ED (AR) 10:45 AM CHAIR AEROBICS (FS) <b>11:15 AM OUTING: TARGET</b> 1:30 PM BINGO CLUB (AR) <b>2:30 PM ICE CREAM SOCIAL (AR)</b> 3:30 PM CARD GAMES (AR) 4:30 PM SUNSET MEDITATON (FS) 6:30 PM EVENING MOVIE (MT)</p>	<p><b>15</b> 10:15 DRUM BEAT CARDIO (FS) 10:45 AM COFFEE AND HYDRATION STATION (BR) 11:00 AM CARD GAMES (AR) <b>11:00 AM VISIT FROM JEMIMAH THE COMFORT DOG (AR)</b> <b>11:30 PRICE IS RIGHT (AR)</b> 1:30 SEATED VOLLEYBALL (3RD FLOOR) <b>2:30 PM FAMILY CAREGIVER EVENT: SETH ROGEN DOCUMENTARY "TAKING CARE" (AR)</b> <b>2:30 PM HAPPY HOUR AND LIVE ENTERTAINMENT WITH MICHAEL FAYER (DR)</b> 3:30 PM RUMMIKUBE TOURNAMENT (BR) 4:30 PM SUNSET MEDITATION (FS) 6:30 PM EVENING MOVIE (MT) <b>HAPPY BIRTHDAY DAVID H.!!! (APT. 304)</b></p>	<p><b>16</b> 10:15 AM LOWER BODY EXERCISES WITH SENIOR FITNESS MEREDITH (FS) ]11:00 AM DOMINOES RESIDENT LED (AR) 11:30 AM TRAVELOGUE WITH RICK STEVES (FS) 1:15 PM SABBATH SERVICE WITH RABBI ANDREW (MT) 2:30 PM BINGO CLUB (AR) 3:30 PM SCRABBLE CLUB (AR) 4:30 PM SUNSET MEDITATION (FS) 6:30 PM EVENING MOVIE (MT)</p>
<p><b>17</b> 10:00 AM ZUMBA GOLD FITNESS (FS) 10:30 AM CHURCH SERVICE (AR) 11:00 AM COMMUNION (AR) 11:30 AM LEGENDS OF THE SILVER SCREEN (MT) 1:00 PM NFL FOOTBALL GAME (MT) 1:30 PM DOMINOES CLUB RESIDENT LED (AR) <b>2:30 PM LIVE ENTERTAINMENT: CHRIS AUTORE</b> 3:30 PM JEWELRY MAKING (AR) 4:30 PM SUNSET MEDITATION (FS) 6:30 PM EVENING MOVIE (MT)</p>	<p><b>18</b> 10:15 AM WALKING CLUB (ML) 10:45 AM COFFEE AND HYDRATION STATION (BR) 11:00 AM <b>CRAFTS WITH HERMINE (AR)</b> 1:00 MOVIE AND MANICURES (MT) <b>2:30 PM LIVE ENTERTAINMENT: RON ENTERTAINS</b> 3:45 PM SHORT STORY WITH SAM (AR) 4:15 PM YOU BE THE JUDGE (AR) 4:45 PM SUNSET MEDITATION (FS) 6:30 PM EVENING MOVIE (MT) <b>HAPPY BIRTHDAY RICHARD K. !!! (APT.417)</b></p>	<p><b>19</b> 10:15 AM YOGA WITH HEATHER (FS) 10:45 AM COFFEE AND HYDRATION STATION (BR) 11:00 AM NAME THAT TUNE (CY) 1:30 PM BINGO CLUB (AR) <b>2:30 PM NO SEW BLANKETS WITH THE WOMEN'S CLUB OF BOYNTON BEACH (AR)</b> 3:30 PM DOMINOES CLUB (AR) 4:30 PM SUNSET MEDITATION (FS) 6:30 PM EVENING MOVIE (MT)</p>	<p><b>20</b> 10:15 AM MUSIC AND MOVEMENT (FS) <b>11:00 AM FALL FASHION SHOW (AR)</b> <b>1:00 PM OUTING: 2 HOUR DELRAY YACHT CRUISE</b> 1:30 PM BALLOON TENNIS (3RD FLOOR) <b>2:30 PM LIVE ENTERTAINMENT: MARLENA ROSE</b> 3:45 PM RUMMIKUBE CLUB (AR) 4:30 PM SUNSET MEDITATION (AR) 6:30 PM EVENING MOVIE (MT) <b>HAPPY BIRTHDAY JEANNIE L. !!! (APT. 509)</b></p>	<p><b>21</b> 10:00 AM CHAT WITH MIKE THE ED (AR) 10:45 AM CHAIR AEROBICS (FS) 11:15 AM JEOPARDY CLUB (AR) 1:30 PM BINGO CLUB (AR) <b>2:30 PM COOKING WITH CARLINZ (DR)</b> 3:30 PM CARD GAMES (AR) 4:30 PM SUNSET MEDITATON (FS) 6:30 PM EVENING MOVIE (MT) <b>NATIONAL GINGERBREAD COOKIE DAY!!</b></p>	<p><b>22</b> 10:15 DRUM BEAT CARDIO (FS) 10:45 AM COFFEE AND HYDRATION STATION (BR) 11:00 FLOWER ARRANGING (AS) 1:30 SEATED VOLLEYBALL (3RD FLOOR) <b>2:30 PM HAPPY HOUR AND LIVE ENTERTAINMENT WITH SALLY</b> 3:30 PM RUMMIKUBE TOURNAMENT (AR) 4:30 PM SUNSET MEDITATION (FS) 6:30 PM EVENING MOVIE (MT)</p>	<p><b>23</b> 10:15 AM LOWER BODY EXERCISES WITH SENIOR FITNESS MEREDITH (FS) ]11:00 AM DOMINOES RESIDENT LED (AR) 11:30 AM TRAVELOGUE WITH HOLLY CAPUTO (FS) 1:15 PM SABBATH SERVICE WITH RABBI ANDREW (MT) 2:30 PM BINGO CLUB (AR) 3:30 PM SCRABBLE CLUB (AR) 4:30 PM SUNSET MEDITATION (FS) 6:30 PM EVENING MOVIE (MT)</p>
<p><b>24</b> 10:00 AM ZUMBA GOLD FITNESS (FS) 10:30 AM CHURCH SERVICE (AR) 11:00 AM COMMUNION (AR) 11:30 AM LEGENDS OF THE SILVER SCREEN (MT) 1:00 PM NFL FOOTBALL GAME (MT) 1:30 PM DOMINOES CLUB RESIDENT LED (AR) <b>2:30 PM LIVE ENTERTAINMENT: TESSIE PERFORMS</b> 3:30 PM JEWELRY MAKING (AR) 4:30 PM SUNSET MEDITATION (FS) 6:30 PM EVENING MOVIE (MT)</p>	<p><b>25</b> 10:15 AM WALKING CLUB (ML) 10:45 AM COFFEE AND HYDRATION STATION (BR) 11:00 AM NEWSPRESS CLUB (AR) 1:15 PM THE BARBERSHOP CLUB (AR) <b>2:30 PM LIVE ENTERTAINMENT: LAURIE AND STU</b> 3:45 PM SHORT STORY WITH SAM (AR) 4:15 PM YOU BE THE JUDGE (AR) 4:45 PM SUNSET MEDITATION (FS) 6:30 PM EVENING MOVIE (MT)</p>	<p><b>26</b> 10:15 AM YOGA WITH HEATHER (FS) 10:45 AM COFFEE AND HYDRATION STATION (BR) 11:00 AM NAME THAT TUNE (CY) 1:30 PM JEOPARDY CLUB (AR) 2:30 PM BINGO CLUB (AR) 3:30 PM DOMINOES CLUB (AR) <b>4:00 PM OUTING: LONGHORN STEAKHOUSE DINNER</b> 6:30 PM EVENING MOVIE (MT)</p>	<p><b>27</b> 10:15 AM MUSIC AND MOVEMENT (FS) <b>11:00 AM TURKEY COASTER CRAFT (AS)</b> <b>11:30 AM BREWS, BLUES AND BBQ (CY)</b> 1:30 PM BALLOON TENNIS (3RD FLOOR) <b>2:30 PM MIXOLOGY 101: CRANBERRY BOURBON COCKTAIL</b> 3:45 PM DOMINOES CLUB (AR) 4:30 PM SUNSET MEDITATION (AR) 6:30 PM EVENING MOVIE (MT)</p>	<p><b>28</b> 10:00 AM CHAIR AEROBICS (FS) 10:30 AM RUMMIKUBE (AR) <b>11:30 AM THANKSGIVING DAY BRUNCH (DR)</b> 1:00 PM BINGO CLUB (AR) 2:00 PM MATINEE MOVIE (MT) 3:00 PM RESIDENT LED CARD GAMES (AR)  <b>HAPPY THANKSGIVING!!</b></p>	<p><b>29</b> 10:15 DRUM BEAT CARDIO (FS) 10:45 AM COFFEE AND HYDRATION STATION (BR) 11:00 AM CARD GAMES (AR) <b>11:00 VISIT FROM JEMIMAH THE COMFORT DOG (AR)</b> 1:30 SEATED VOLLEYBALL (3RD FLOOR) <b>2:30 PM NOVEMBER BIRTHDAY CLUB CELEBRATION AND HAPPY HOUR (DR)</b> 3:30 PM RUMMIKUBE TOURNAMENT (AR) 4:30 PM SUNSET MEDITATION (FS) 6:30 PM EVENING MOVIE (MT)</p>	<p><b>30</b> 10:15 AM LOWER BODY EXERCISES WITH SENIOR FITNESS MEREDITH (FS) 11:00 AM DOMINOES RESIDENT LED (AR) 11:30 AM TRAVELOGUE WITH RICK STEVES (FS) 1:15 PM SABBATH SERVICE WITH RABBI ANDREW (MT) 2:30 PM BINGO CLUB (AR) 3:30 PM SCRABBLE CLUB (AR) 4:30 PM SUNSET MEDITATION (FS) 6:30 PM EVENING MOVIE (MT)</p>