

2024

October

Memory Care Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>* All activities are subject to change.</p>		<p>1</p> <p>10:15 AM Coffee and Conversation 10:45 AM Sing-A-Long Dance Party 11:00 AM Yoga with Heather 1:15 PM Famous Faces Trivia 2:15 PM Mocktails & Hors D’oeuvres (Bistro) 3:00 PM Cornhole and Ring Toss 3:30 PM Rhyming Riddles 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie</p>	<p>2</p> <p>10:15 AM Coffee and Conversation 10:30 AM Music and Movement 11:00 AM Parachute Parade 1:15 PM Matinee Musical (Movie Theater) 2:15 PM Mocktails & Hors D’oeuvres (Bistro) 2:30 PM Live Entertainment: Marlena Rose 3:45 PM Balloon Tennis (3rd Floor) 4:15 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie</p>	<p>3</p> <p>10:15 AM Coffee and Conversation 10:30 AM Silver Sneakers Motown Hits with Metro PT 11:00 AM Name that Tune Trivia 1:15 PM Fall Door Wreath Craft 2:30 PM Cooking with Carlinz (1st Floor) 3:00 PM Balloon Tennis and Hydration 3:30 PM Travelogue History 4:15 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie</p>	<p>4</p> <p>10:00 AM Chair Aerobics with Improved Health 10:30 AM Visit with Jemimah the Comfort Dog 11:00 AM Around the World Reminiscing 1:15 PM Memory Lane Trivia 2:30 PM Happy Hour and Entertainment :Chris Autore 3:45 PM Velcro Darts 4:15 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie</p>	<p>5</p> <p>10:00 AM Drum Beat Cardio 10:30 AM Sing– A-Long Dance Party 10:45 AM Rhyming Riddles 1:15 PM Kickball Circle 2:00 PM Mocktails & Hors D’oeuvres (2nd Floor) 2:30 PM Creative Coloring 3:00 PM Balloon Tennis and Hydration 3:45 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie</p>
<p>6</p> <p>10:00 AM Coffee and Conversations 10:15 AM Latin Cardio with Paul Eugene 10:45 AM Refresh and Rehydrate 11:00 AM Brain Fitness Trivia 1:15 PM Disco Beach Volleyball 2:00 PM Mocktails & Hors D’oeuvres (Bistro) 2:30 PM Live Entertainment: Shalva Performs 3:45 PM Balloon Tennis 4:15 PM Sunset Meditation 6:00 PM Resident Choice Movie</p> <p>Happy Birthday Edna D. !!! (Apt. 604)</p>	<p>7</p> <p>10:15 AM Coffee and Conversation 10:30 AM Alphabet Categories 11:00 AM Musical Sound Baths with Marcia 1:00 PM Manicures and Massages 2:00 PM Mocktails & Hors D’oeuvres (Bistro) 2:30 PM Live Entertainment: Ron Entertains 3:45 PM Beach Ball Reminiscing 4:15 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie</p> <p>Happy Birthday Alice W. !!! (Apt. 214)</p>	<p>8</p> <p>10:15 AM Coffee and Conversation 10:45 AM Sing-A-Long Dance Party 11:00 AM Yoga with Heather 11:30 AM Outing: Picnic at the Beach 1:15 PM Famous Faces Trivia 2:15 PM Mocktails & Hors D’oeuvres (Bistro) 3:00 PM Cornhole and Ring Toss 3:30 PM Rhyming Riddles 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie</p>	<p>9</p> <p>10:15 AM Coffee and Conversation 10:30 AM Music and Movement 11:00 AM Parachute Parade 11:30 AM Brews, Blues and BBQ 1:15 PM Matinee Musical (Movie Theater) 2:00 PM Mocktails & Hors D’oeuvres (2nd floor) 2:30 PM Create with Clay 3:45 PM Balloon Tennis (3rd Floor) 4:15 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie</p>	<p>10</p> <p>10:15 AM Coffee and Conversation 10:30 AM Silver Sneakers Motown Hits with Metro PT 11:00 AM Name that Tune Trivia 1:15 PM Pumpkin Suncatchers 2:00 PM Mocktails & Hors D’oeuvres (Bistro) 3:00 PM Balloon Tennis and Hydration 3:30 PM Travelogue History 4:15 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie</p>	<p>11</p> <p>10:00 AM Chair Aerobics with Improved Health 10:30 AM Mix and Match Trivia 11:00 AM Around the World Reminiscing 1:15 PM Memory Lane Trivia 2:30 PM Happy Hour and Entertainment :Master Musicians 3:45 PM Velcro Darts 4:15 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie</p>	<p>12</p> <p>10:00 AM Drum Beat Cardio 10:30 AM Sing– A-Long Dance Party 10:45 AM Rhyming Riddles 1:15 PM Kickball Circle 2:00 PM Mocktails & Hors D’oeuvres (2nd Floor) 2:30 PM Creative Coloring 3:00 PM Balloon Tennis and Hydration 3:45 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie Happy Birthday Norma C. !!! (Apt. 423)</p>
<p>13</p> <p>10:00 AM Coffee and Conversations 10:15 AM Latin Cardio with Paul Eugene 10:45 AM Refresh and Rehydrate 11:00 AM Brain Fitness Trivia 1:15 PM Disco Beach Volleyball 2:00 PM Mocktails & Hors D’oeuvres (Bistro) 2:30 PM Live Entertainment: Tessie Performs 3:45 PM Balloon Tennis 4:15 PM Sunset Meditation 6:00 PM Resident Choice Movie</p>	<p>14</p> <p>10:15 AM Coffee and Conversation 10:30 AM Alphabet Categories 11:00 AM Musical Sound Baths with Marcia 1:00 PM Manicures and Massages 2:00 PM Mocktails & Hors D’oeuvres (Bistro) 2:30 PM Live Entertainment: Pam Cohen 3:45 PM Beach Ball Reminiscing 4:15 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie</p>	<p>15</p> <p>10:15 AM Coffee and Conversation 10:45 AM Sing-A-Long Dance Party 11:00 AM Yoga with Heather 1:15 PM Famous Faces Trivia 2:15 PM Mocktails & Hors D’oeuvres (Bistro) 3:00 PM Cornhole and Ring Toss 3:30 PM Rhyming Riddles 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie</p>	<p>16</p> <p>10:15 AM Coffee and Conversation 10:30 AM Music and Movement 11:00 AM Parachute Parade 1:15 PM Matinee Musical (Movie Theater) 2:00 PM Mocktails and Hors D’oeuvres (Bistro) 2:30 PM Live Entertainment:: Marlena Rose 3:45 PM Balloon Tennis (3rd Floor) 4:15 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie</p>	<p>17</p> <p>10:15 AM Coffee and Conversation 10:30 AM Silver Sneakers Motown Hits with Metro PT 11:00 AM Name that Tune Trivia 1:15 PM Decorate Your Own Water Bottle 2:30 PM Cooking with Carlinz (1st Floor) 3:00 PM Balloon Tennis and Hydration 3:30 PM Travelogue History 4:15 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie</p>	<p>18</p> <p>10:00 AM Chair Aerobics with Improved Health 10:30 AM Visit with Jemimah the Comfort Dog 11:00 AM Around the World Reminiscing 1:15 PM Memory Lane Trivia 2:30 PM Happy Hour and Entertainment: Master Musicians 3:45 PM Velcro Darts 4:15 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie</p>	<p>19</p> <p>10:00 AM Drum Beat Cardio 10:30 AM Sing– A-Long Dance Party 10:45 AM Rhyming Riddles 1:15 PM Kickball Circle 2:00 PM Mocktails & Hors D’oeuvres (2nd Floor) 2:30 PM Creative Coloring 3:00 PM Balloon Tennis and Hydration 3:45 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie Happy Birthday Lyle S. !!! (Apt. 215)</p>
<p>20</p> <p>10:00 AM Coffee and Conversations 10:15 AM Latin Cardio with Paul Eugene 10:45 AM Refresh and Rehydrate 11:00 AM Brain Fitness Trivia 1:15 PM Disco Beach Volleyball 2:00 PM Mocktails & Hors D’oeuvres (Bistro) 2:30 PM Live Entertainment: Heart and Soul 3:45 PM Balloon Tennis 4:15 PM Sunset Meditation 6:00 PM Resident Choice Movie</p>	<p>21</p> <p>10:15 AM Coffee and Conversation 10:30 AM Alphabet Categories 11:00 AM Musical Sound Baths with Marcia 1:00 PM Manicures and Massages 2:00 PM Mocktails & Hors D’oeuvres (Bistro) 2:30 PM Live Entertainment: Ron Entertains 3:45 PM Beach Ball Reminiscing 4:15 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie</p>	<p>22</p> <p>10:15 AM Coffee and Conversation 10:45 AM Sing-A-Long Dance Party 11:00 AM Yoga with Heather 1:15 PM Famous Faces Trivia 2:15 PM Mocktails & Hors D’oeuvres (Bistro) 3:00 PM Cornhole and Ring Toss 3:30 PM Rhyming Riddles 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie</p>	<p>23</p> <p>10:15 AM Coffee and Conversation 10:30 AM Music and Movement 11:00 AM Parachute Parade 11:30 AM Brews, Blues and BBQ 1:15 PM Matinee Musical (Movie Theater) 2:00 PM Mocktails and Hors D’oeuvres (Bistro) 2:30 PM Create with Clay 3:45 PM Balloon Tennis (3rd Floor) 4:15 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie</p>	<p>24</p> <p>10:15 AM Coffee and Conversation 10:30 AM Silver Sneakers Motown Hits with Metro PT 11:00 AM Name that Tune Trivia 1:15 PM Pumpkin Painting 2:00 PM Mocktails & Hors D’oeuvres (Bistro) 3:00 PM Balloon Tennis and Hydration 3:30 PM Travelogue History 4:15 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie</p>	<p>25</p> <p>10:00 AM Chair Aerobics with Improved Health 10:30 AM Mix and Match Trivia 11:00 AM Around the World Reminiscing 1:15 PM Memory Lane Trivia 2:30 PM October Birthday Club Celebration (1st Floor) 3:45 PM Velcro Darts 4:15 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie</p>	<p>26</p> <p>10:00 AM Drum Beat Cardio 10:30 AM Sing– A-Long Dance Party 10:45 AM Rhyming Riddles 1:15 PM Kickball Circle 2:00 PM Mocktails & Hors D’oeuvres (2nd Floor) 2:30 PM Creative Coloring 3:00 PM Balloon Tennis and Hydration 3:45 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie</p>
<p>27</p> <p>10:00 AM Coffee and Conversations 10:15 AM Latin Cardio with Paul Eugene 10:45 AM Refresh and Rehydrate 11:00 AM Brain Fitness Trivia 1:15 PM Disco Beach Volleyball 2:00 PM Mocktails & Hors D’oeuvres (Bistro) 2:30 PM Live Entertainment: Tessie Performs 3:45 PM Balloon Tennis 4:15 PM Sunset Meditation 6:00 PM Resident Choice Movie</p>	<p>28</p> <p>10:15 AM Coffee and Conversation 10:30 AM Alphabet Categories 11:00 AM Musical Sound Baths with Marcia 1:00 PM Manicures and Massages 2:00 PM Mocktails & Hors D’oeuvres (Bistro) 2:30 PM Live Entertainment: Laurie and Stu 3:45 PM Beach Ball Reminiscing 4:15 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie</p>	<p>29</p> <p>10:15 AM Coffee and Conversation 10:45 AM Sing-A-Long Dance Party 11:00 AM Yoga with Heather 1:15 PM Famous Faces Trivia 2:15 PM Mocktails & Hors D’oeuvres (Bistro) 3:00 PM Cornhole and Ring Toss 3:30 PM Rhyming Riddles 4:00 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie</p>	<p>30</p> <p>10:15 AM Coffee and Conversation 10:30 AM Music and Movement 11:00 AM Parachute Parade 1:15 PM Matinee Musical (Movie Theater) 2:00 PM Mocktails and Hors D’oeuvres (Bistro) 2:30 PM Live Entertainment:: Pam Cohen 3:45 PM Balloon Tennis (3rd Floor) 4:15 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie</p>	<p>31</p> <p>10:15 AM Coffee and Conversation 10:30 AM Silver Sneakers Motown Hits with Metro PT 11:30 AM Halloween Theme Lunch 1:15 PM Halloween Bingo 2:30 PM Costume Contest with Staff (1st Floor) 3:00 PM Balloon Tennis and Hydration 3:30 PM Travelogue History 4:15 PM Sunset Stretch and Meditation 6:00 PM Resident Choice Movie</p>		