

2024 August Assisted Living Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
*ALL ACTIVITIES ARE SUBJECT TO CHANGE!	ROOM KEY: AR: ACTIVITY ROOM ML: MEET IN LOBBY AS: ART STUDIO BR: BISTRO ROOM DR: DINING ROOM CY: COURTYARD	FS: FITNESS STUDIO LR: LIBRARY ML: MEET IN LOBBY MT: MOVIE THEATER		1 10:00 AM CHAT WITH MIKE THE ED (AR) 11:00 AM OUTING: MACY'S BOYNTON BEACH (SIGN UP REQUIRED) (ML) 1:30 PM BINGO CLUB (AR) 2:30 PM NO BAKE BAKING CLUB: RASPBERRY CHEESECAKE MOUSSE (DR) 3:30 PM BALLOON TENNIS (AR) 4:00 PM TRAVELOGUE WITH HOLLY CAPUTO (AR) 4:30 PM SUNSET MEDITATION (FS) 6:30 PM EVENING MOVIE (MT)	2 10:15 AM MUSICAL SOUND BATH WITH MARCIA (FS) 11:00 FULL BODY WORKOUT WITH SENIOR FITNESS WITH MEREDITH (FS) 1:30 FLOWER ARRANGING (AS) 2:30 PM HAPPY HOUR BEER TASTING AND ENTERTAINMENT FROM ALBERTO (DR) 3:45 PM WHEELCHAIR AND WALKER CAR WASH (SIGN UP) (MEET IN LOBBY) 4:30 PM SUNSET MEDITATION (FS) 6:30 PM EVENING MOVIE (MT)	3 10:15 AM LOWER BODY EXERCISES WITH SENIOR FITNESS MEREDITH (FS) 11:00 AM DOMINOES RESIDENT LED (AR) 11:30 AM LEGENDS OF THE SILVER SCREEN (MT) 1:15 PM SABBATH SERVICES WITH RABBI ANDREW (MT) 2:30 PM BINGO CLUB (AR) 3:30 PM RYHMING RIDDLES (AR) 4:30 PM SUNSET MEDITATION (FS) 6:30 PM EVENING MOVIE (MT)
4 10:00 AM ZUMBA GOLD FITNESS (FS) 10:30 AM CHURCH SERVICE (AR) 11:00 AM COMMUNION (AR) 11:30 AM MATINEE MOVIE (MT) 1:30 PM DOMINOES CLUB RESIDENT LED (AR) 2:30 PM RAUSHAN HAMMOND MAGIC SHOW (DR) 3:30 PM JEWELRY MAKING (AS) 4:30 PM SUNSET MEDITATION (FS) 6:30 PM EVENING MOVIE (MT)	5 10:15 AM OLYMPIC DARTS (AR) 11:00 AM CRAFTS WITH HERMINE (AR) 11:45 AM THE NEWS PRESS CLUB (MT) 1:00 PM MANICURES AND A MOVIE (MT) 2:30 PM LIVE ENTERTAINMENT: LAURIE & STU 3:45 PM SHORT STORY WITH SAM (AR) 4:15 PM DOMINOES CLUB (AR) 4:45 PM SUNSET MEDITATION (FS) 6:30 PM EVENING MOVIE (MT)	6 10:00 AM PERSONAL PONIES PET THERAPY (CY) 11:00 AM OLYMPIC BOWLING CONTEST (AR) 11:30 AM POKER LESSONS WITH ARNY (3RD FLOOR) 1:30 PM BINGO CLUB (AR) 2:30 PM YOGA WITH HEATHER (FS) 3:30 PM KARAOKE SING A LONG (IN2L 3RD FLOOR) 4:30 PM SUNSET MEDITATION (FS) 6:30 PM EVENING MOVIE (MT)	7 10:15 AM OLYMPIC WALKING CLUB (ML) 11:00 AM AMBASSADOR CLUB MEETING (AR) 1:30 PM CR8 ART WITH CHRISTINA (AR) 2:30 PM LIVE ENTERTAINMENT: ASIS REYES (DR) 3:30 PM MUSIC BINGO WITH NURSE ELISSA (AR) 4:45 PM SUNSET MEDITATION (FS) 6:30 PM EVENING MOVIE (MT)	8 10:00 AM RESIDENT COUNCIL MEETING (AR) 11:00 AM OUTING: PICNIC AT THE BEACH (SIGN UP REQUIRED) (ML) 1:30 PM BINGO CLUB (AR) 2:30 PM COOKING WITH CARLINZ (DR) 3:30 PM OLYMPIC BALLOON TENNIS (AR) 4:00 PM TRAVELOGUE WITH RICK STEVES (AR) 4:30 PM SUNSET MEDITATION (FS) 6:30 PM EVENING MOVIE (MT)	9 10:15 AM MUSICAL SOUND BATH WITH MARCIA (FS) 11:00 AM VISIT FROM JEMIMAH COMFORT DOG (SIGN UP) 1:30 PM DOMINOES RESIDENT LED (AR) 2:30 PM HAPPY HOUR WITH MICHAEL FAYER 3:45 PM INK ART PROJECT (AS) 4:30 PM SUNSET MEDITATION (FS) 6:30 PM EVENING MOVIE (MT)	10 10:15 AM LOWER BODY EXERCISES WITH SENIOR FITNESS MEREDITH (FS) 11:00 AM DOMINOES RESIDENT LED (AR) 11:30 AM LEGENDS OF THE SILVER SCREEN (MT) 1:15 PM SABBATH SERVICES WITH RABBI ANDREW (MT) 2:30 PM BINGO CLUB (AR) 3:30 PM RYHMING RIDDLES (AR) 4:30 PM SUNSET MEDITATION (FS) 6:30 PM EVENING MOVIE (MT)
11 10:00 AM ZUMBA GOLD FITNESS (FS) 10:30 AM CHURCH SERVICE (AR) 11:00 AM COMMUNION (AR) 11:30 AM MATINEE MOVIE (MT) 1:30 PM DOMINOES CLUB RESIDENT LED (AR) 2:30 PM BINGO CLUB (AR) 3:30 PM WES PRESENTS: GLENN MILLER 4:30 PM SUNSET MEDITATION (FS) 5:00 PM DINNER WITH DIANNA ROSS (DR) 6:30 PM EVENING MOVIE (MT)	12 10:15 AM GUIDED MEDITATION (FS) 11:00 AM DOMINOES RESIDENT LED (AR) 1:00 PM MANICURES AND MOVIES (SIGN UP) 2:30 PM LIVE ENTERTAINMENT: PAM COHEN 3:45 PM SHORT STORY WITH EVA (AR) 4:15 PM YOU BE THE JUDGE (AR) 4:45 PM SUNSET MEDITATION (FS) 6:30 PM EVENING MOVIE (MT)	13 10:15 AM YOGA WITH HEATHER (FS) 11:00 AM WORDSCAPES (AR) 11:30 AM ART LESSONS WITH ARNY (AS) 1:30 PM BINGO CLUB (AR) 2:30 PM MINI GOLF CLUB (3RD FLOOR GAME ROOM) 3:30 PM KARAOKE SING A LONG (IN2L 3RD FLOOR) 4:30 PM SUNSET MEDITATION (FS) 6:30 PM EVENING MOVIE (MT)	14 10:15 AM WALKING CLUB (ML) 11:00 AM DOMINOES CLUB (AR) 11:30 AM BREWS, BLUES AND BBQ (DR) 1:30 PM 2:30 PM CREATE WITH CLAY (AS) 3:45 PM MIXOLOGY 101: WATERMELON MARTINI (AR) 4:30 PM SUNSET MEDITATION (FS) 6:30 PM EVENING MOVIE (MT)	15 10:00 AM CHAT WITH MIKE THE ED (AR) 11:30 AM OUTING: CORNELL ART MUSEUM (SIGN UP REQUIRED) (ML) 1:30 PM BINGO CLUB (AR) 2:30 PM NEW RESIDENT MIX AND MINGLE (AR) 3:30 PM BALLOON TENNIS (AR) 4:00 PM TRAVELOGUE WITH HOLLY CAPUTO (AR) 4:30 PM SUNSET MEDITATION (FS) 6:30 PM EVENING MOVIE (MT)	16 10:15 AM MUSICAL SOUND BATH WITH MARCIA (FS) 11:00 FULL BODY WORKOUT WITH SENIOR FITNESS WITH MEREDITH (FS) 1:30 PM HAWAIIAN SUNCATCHER ART PROJECT (AR) 2:30 PM HAPPY HOUR WITH DANIEL ON THE GUITAR (DR) 3:45 PM DOMINOES CLUB (AR) 4:30 PM SUNSET MEDITATION (FS) 6:30 PM EVENING MOVIE (MT)	17 10:15 AM LOWER BODY EXERCISES WITH SENIOR FITNESS MEREDITH (FS) 11:00 AM DOMINOES RESIDENT LED (AR) 11:30 AM LEGENDS OF THE SILVER SCREEN (MT) 1:15 PM SABBATH SERVICES WITH RABBI ANDREW (MT) 2:30 PM BINGO CLUB (AR) 3:30 PM RYHMING RIDDLES (AR) 4:30 PM SUNSET MEDITATION (FS) 6:30 PM EVENING MOVIE (MT)
18 10:00 AM ZUMBA GOLD FITNESS (FS) 10:30 AM CHURCH SERVICE (AR) 11:00 AM COMMUNION (AR) 11:30 AM MATINEE MOVIE (MT) 1:30 PM DOMINOES CLUB RESIDENT LED (AR) 2:30 PM BINGO CLUB (AR) 3:30 PM JEWELRY MAKING (AS) 4:30 PM SUNSET MEDITATION (FS) 5:00 PM DINNER & ENTERTAINMENT (DR) 6:30 PM EVENING MOVIE (MT)	19 10:15 AM DRUMBEAT CARDIO CLASS (FS) 11:00 AM CRAFTS WITH HERMINE (AR) 11:45 AM THE NEWS PRESS CLUB (MT) 1:30 PM THE BARBER SHOP CLUB (AR) 2:30 PM LIVE ENTERTAINMENT: RICHARD REYES 3:45 PM SHORT STORY WITH SAM (AR) 4:15 PM DOMINOES CLUB (AR) 4:45 PM SUNSET MEDITATION (FS) 6:30 PM EVENING MOVIE (MT)	20 10:15 AM YOGA WITH HEATHER (FS) 11:00 AM WORDSCAPES (AR) 11:30 AM POKER LESSONS WITH ARNY (3RD FLOOR) 1:30 PM BINGO CLUB (AR) 2:30 PM MINI GOLF CLUB (3RD FLOOR GAME ROOM) 3:30 PM KARAOKE SING A LONG (IN2L 3RD FLOOR) 4:30 PM SUNSET MEDITATION (FS) 6:30 PM EVENING MOVIE (MT)	21 10:15 AM WALKING CLUB (ML) 11:00 AM DOMINOES CLUB (AR) 1:30 PM CR8 ART WITH CHRISTINA (AR) 2:30 PM LIVE ENTERTAINMENT: TESSIE 3:45 PM MAKE YOUR OWN SUNDAE ICE CREAM SOCIAL (AR) 4:30 PM SUNSET MEDITATION (FS) 6:30 PM EVENING MOVIE (MT)	22 10:00 CHAT WITH MIKE THE ED (AR) 11:30 AM THEME LUNCH: 50s DINER 1:30 PM BINGO CLUB (AR) 2:30 PM NEW RESIDENT ORIENTATION (MT) 3:30 PM BALLOON TENNIS (AR) 4:00 PM TRAVELOGUE WITH HOLLY CAPUTO (AR) 4:30 PM SUNSET MEDITATION (FS) 6:30 PM EVENING MOVIE (MT)	23 10:15 AM MUSICAL SOUND BATH WITH MARCIA (FS) 11:00 AM VISIT FROM JEMIMAH COMFORT DOG (SIGN UP) 1:30 ROGER GROSS PRESENTS: SELECT WIVES OF PRESIDENTS 2:30 PM HAPPY HOUR WITH PAM COHEN (DR) 3:45 PM DOMINOES CLUB (AR) 4:30 PM SUNSET MEDITATION (FS) 6:30 PM EVENING MOVIE (MT)	24 10:15 AM LOWER BODY EXERCISES WITH SENIOR FITNESS MEREDITH (FS) 11:00 AM DOMINOES RESIDENT LED (AR) 11:30 AM LEGENDS OF THE SILVER SCREEN (MT) 1:15 PM SABBATH SERVICES WITH RABBI ANDREW (MT) 2:30 PM BINGO CLUB (AR) 3:30 PM RYHMING RIDDLES (AR) 4:30 PM SUNSET MEDITATION (FS) 6:30 PM EVENING MOVIE (MT)
25 10:00 AM ZUMBA GOLD FITNESS (FS) 10:30 AM CHURCH SERVICE (AR) 11:00 AM COMMUNION (AR) 11:30 AM MATINEE MOVIE (MT) 1:30 PM DOMINOES CLUB RESIDENT LED (AR) 2:30 PM BINGO CLUB (AR) 3:30 PM JEWELRY MAKING (AS) 4:30 PM SUNSET MEDITATION (FS) 5:00 PM DINNER & ENTERTAINMENT (DR) 6:30 PM EVENING MOVIE (MT)	26 10:15 AM DRUMBEAT CARDIO CLASS (FS) 11:00 AM JEOPARDY CLUB (AR) 11:45 AM THE NEWS PRESS CLUB (MT) 1:00 PM MANICURES AND MOVIES (SIGN UP) 2:30 PM LIVE ENTERTAINMENT: SHERI BECKFORD 3:45 PM SHORT STORY WITH SAM (AR) 4:15 PM YOU BE THE JUDGE (AR) 4:45 PM SUNSET MEDITATION (FS) 6:30 PM EVENING MOVIE (MT)	27 10:15 AM YOGA WITH HEATHER (FS) 11:00 AM WORDSCAPES (AR) 11:30 AM ART LESSONS WITH ARNY (AS) 1:30 PM BINGO CLUB (AR) 2:30 PM MINI GOLF CLUB (3RD FLOOR GAME ROOM) 3:30 PM KARAOKE SING A LONG (IN2L 3RD FLOOR) 4:30 PM SUNSET MEDITATION (FS) 6:30 PM EVENING MOVIE (MT)	28 10:15 AM GUIDED MEDITATION (FS) 11:00 AM DOMINOES CLUB (AR) 11:30 AM BREWS, BLUES AND BBQ (DR) 1:30 PM 2:30 PM LIVE ENTERTAINMENT: HEART AND SOUL DUO (DR) 3:45 PM MIXOLOGY 101: MOSCOW MULE (AR) 4:30 PM SUNSET MEDITATION (FS) 6:30 PM EVENING MOVIE (MT)	29 10:00 AM CHAT WITH MIKE THE ED (AR) 11:00 AM OUTING: THREE G'S DELI (SIGN UP REQUIRED) (ML) 1:30 PM BINGO CLUB (AR) 2:30 PM NO BAKE BAKING CLUB: OREO MILKSHAKES 3:30 PM AUGUST BIRTHDAY CELEBRATION WIH THE BOYNTON BEACH CHAMBER (DR) 4:00 PM TRAVELOGUE WITH HOLLY CAPUTO (AR) 4:30 PM SUNSET MEDITATION (FS) 6:30 PM EVENING MOVIE (MT)	30 10:15 AM MUSICAL SOUND BATH WITH MARCIA (FS) 11:00 FULL BODY WORKOUT WITH SENIOR FITNESS WITH MEREDITH (FS) 1:30 PM FLOWER ARRANGING (AS) 2:30 PM HAPPY HOUR WITH RICHARD REYES (DR) 3:45 PM DOMINOES CLUB (AR) 4:30 PM SUNSET MEDITATION (FS) 6:30 PM EVENING MOVIE (MT)	31 10:15 AM LOWER BODY EXERCISES WITH SENIOR FITNESS MEREDITH (FS) 11:00 AM DOMINOES RESIDENT LED (AR) 11:30 AM LEGENDS OF THE SILVER SCREEN (MT) 1:15 PM SABBATH SERVICES WITH RABBI ANDREW (MT) 2:30 PM BINGO CLUB (AR) 3:30 PM RYHMING RIDDLES (AR) 4:30 PM SUNSET MEDITATION (FS) 6:30 PM EVENING MOVIE (MT)