

# CHOOSING ASSISTED LIVING OR MEMORY CARE FOR YOUR LOVED ONE

## Essential Questions for Families

Making the decision to transition a loved one to an assisted living or memory care community is a significant step. To ensure you find the best fit for their needs and preferences, it's essential to ask the right questions during your search. Here are some key questions to guide your discussions with potential communities:

### FOR SENIORS

#### LIFESTYLE & INDEPENDENCE

- What level of independence and privacy is offered in different housing options?
- Can I personalize my living space?
- What activities and social programs are available?
- Are there opportunities for spiritual worship or other religious activities?
- Can I continue participating in my hobbies and interests?

#### FINANCE & LOGISTICS

- What are the monthly fees and what do they cover?
- What is the move-in process like?
- Are there additional costs for services or amenities?
- What transportation options are available?
- Can I bring my pets?

#### CARE & SERVICES

- What types of assistance are available with daily living activities like bathing, dressing, and medication management?
- What type of medical care is available on-site or nearby?
- What is the staff-to-resident ratio?
- How do you handle emergencies?
- What dementia-specific care is offered in memory care units?

#### NOTES:

## FOR ADULT CHILDREN:

### DECISION-MAKING & CONCERNS

- How do I know if my loved one needs assisted living or memory care?
- How do I talk to my parent about moving to a community?
- What are the signs of good quality care?
- How can I manage the financial aspects of senior living?
- How can I ensure my loved one's safety and well-being?

### COMMUNITY DETAILS & CARE

- What is the overall atmosphere and philosophy of the community?
- What is the communication plan for keeping me informed about my loved one's care?
- What are the qualifications and experience of the staff?
- What are the community's infection control measures and protocols?
- What is the visitation policy?

### ADDITIONAL QUESTIONS:

- Is there a trial period or respite care option available?
- How does the community handle change in a resident's health needs?
- What are the policies on visitors and overnight guests?
- Is there a resident council or other opportunities for resident input?
- What are the community's disaster preparedness plans?

### NOTES:

The Club at Boynton Beach is committed to providing residents with the highest quality care and support in a warm and welcoming environment. We encourage you to ask questions and visit our community to see for yourself what we have to offer.

Join us at The Club at Boynton Beach, where we celebrate a life well-connected, filled with laughter, engagement, and the kind of warmth that comes from belonging.



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