

# 2024 March

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				01 8:30 AM BREAKFAST AND MUSIC 10:00 AM DRUM CARDIO FITNESS 10:30 AM FLOWER ARRANGING 11:30 AM LUNCH AND MUSIC 1:30 PM SILVER SNEAKERS WITH TAMMY 2:00 PM HAPPY HOUR AND ENTERTAINMENT 3:00 PM DOMINOES CLUB 4:30 PM DINNER AND MUSIC 6:00 PM RESIDENT CHOICE MOVIE	02 8:30 AM BREAKFAST AND MUSIC 10:00 AM MORNING STRETCH 10:30 AM SING A LONG 11:00 AM HAPPY NEURON BRAIN TEASERS 11:30 AM LUNCH AND MUSIC 1:00 PM WORDS OF HOPE 2:00 PM MOVE & GROOVE WITH KAREN 3:00 PM REMINISCE MEMORY BIO 3:30 PM FAMILY FUED TRIVIA 4:30 PM DINNER AND MUSIC 6:00 PM RESIDENT CHOICE MOVIE	03 8:30 AM BREAKFAST AND MUSIC 10:00 AM POWERED TO MOVE 10:30 AM SPIRTUAL SING ALONG 11:00 AM SUNSHINE ON THE PATIO 11:30 AM LUNCH AND MUSIC 1:30 PM BRAIN AEROBICS 2:00 PM BINGO CLUB 3:30 PM LIVE ENTERTAINMENT 4:30 PM DINNER AND MUSIC 6:00 PM RESIDENT CHOICE MOVIE
04 8:30 AM BREAKFAST AND MUSIC 10:15 AM GUIDED MEDITATION 10:45 AM MANICURES AND MASSAGES 11:30 AM LUNCH AND MUSIC 1:30 PM DRUM CARDIO 2:30 PM RICHARD ENTERTAINS 4:00 PM FINISH THE LYRIC 4:30 PM DINNER AND MUSIC 6:30 PM RESIDENT CHOICE MOVIE	05 8:30 AM BREAKFAST AND MUSIC 10:15 AM SING A LONG 11:15 AM YOGA WITH HEATHER 11:30 AM LUNCH AND MUSIC 1:30 PM BALLOON TENNIS 2:30 PM BINGO CLUB 3:30 PM TRIVIA CLUB 4:00 PM TRAVEL CLUB 4:30 PM DINNER AND MUSIC 6:00 PM RESIDENT CHOICE MOVIE	06 8:30 AM BREAKFAST AND MUSIC 10:00 AM SEATED DANCE CLASS 11:00 AM PAINTING CLASS 11:30 AM LUNCH AND MUSIC 1:30 PM CROSSWORD PUZZLES 2:30 PM STONE SILK ENTERTAINS 3:30 PM SMOOTHIES IN THE COURTYARD 4:30 PM DINNER AND MUSIC 6:00 PM RESIDENT CHOICE MOVIE	07 8:30 AM BREAKFAST AND MUSIC 10:00 AM MORNING STRETCH AND SING A LONG 10:30 AM CREATIVE ART 11:30 AM LUNCH AND MUSIC 1:00 PM BINGO CLUB <b>2:30 PM COOKING WITH CARLINZ</b> 4:00 PM PICTONARY 4:30 PM DINNER AND MUSIC 6:00 PM RESIDENT CHOICE MOVIE	08 8:30 AM BREAKFAST AND MUSIC 10:00 AM GUIDED MEDITATION 11:00 AM JEMIMAH COMFORT DOG 11:15 AM FLOWER ARRANGING 1:30 PM SILVER SNEAKERS WITH TAMMY <b>2:30 PM HAPPY HOUR W/ PAM COHEN</b> 3:30 PM WOMEN'S HISTORY TRIVIA 4:30 PM DINNER AND MUSIC 6:00 PM RESIDENT CHOICE MOVIE  <b>NATIONAL WOMEN'S DAY!!</b>	09 8:30 AM BREAKFAST AND MUSIC 10:00 AM MORNING STRETCH 10:30 AM SING A LONG 11:00 AM HAPPY NEURON BRAIN TEASERS 11:30 AM LUNCH AND MUSIC 1:00 PM WORDS OF HOPE 2:00 PM MOVE & GROOVE WITH KAREN 3:00 PM REMINISCE MEMORY BIO 3:30 PM FAMILY FUED 4:30 PM DINNER AND MUSIC 6:00 PM RESIDENT CHOICE MOVIE	10 8:30 AM BREAKFAST AND MUSIC 10:00 AM POWERED TO MOVE 10:30 AM SPIRTUAL SING ALONG 11:00 AM SUNSHINE ON THE PATIO 11:30 AM LUNCH AND MUSIC 1:30 PM BRAIN AEROBICS 2:00 PM BINGO CLUB 3:30 PM LIVE ENTERTAINMENT 4:30 PM DINNER AND MUSIC 6:00 PM RESIDENT CHOICE MOVIE
11 8:30 AM BREAKFAST AND MUSIC 10:15 AM GUIDED MEDITATION 10:45 AM MANICURES AND MASSAGES 11:30 AM LUNCH AND MUSIC 1:30 PM DRUM CARDIO 2:30 PM RON ENTERTAINS (DR) 4:00 PM FINISH THE LYRIC 4:30 PM DINNER AND MUSIC 6:30 PM RESIDENT CHOICE MOVIE  <b>WEAR GREEN DAY!!</b>	12 8:30 AM BREAKFAST AND MUSIC 10:15 AM SING A LONG 11:15 AM YOGA WITH HEATHER 11:30 AM LUNCH AND MUSIC 1:30 PM BALLOON TENNIS 2:30 PM ST PATTYS BINGO CLUB 3:30 PM ST PATTY'S DAY TRIVIA CLUB 4:00 PM TRAVEL CLUB: IRELAND 4:30 PM DINNER AND MUSIC 6:00 PM RESIDENT CHOICE MOVIE	13 8:30 AM BREAKFAST AND MUSIC 10:00 AM SEATED DANCE CLASS 11:00 AM PAINTING CLASS <b>11:30 AM BBQ AND LIVE ENTERTAINMENT WITH WES ANTHONY</b> 1:30 PM CROSSWORD PUZZLES 2:30 PM STONE SILK ENTERTAINS 3:30 PM ST PATTY'S SMOOTHIE 4:30 PM DINNER AND MUSIC 6:00 PM RESIDENT CHOICE MOVIE	14 8:30 AM BREAKFAST AND MUSIC 10:00 AM MORNING STRETCH AND SING A LONG 10:30 AM CREATIVE ART 11:30 AM LUNCH AND MUSIC <b>1:30 PM MAKE A ST PATTY DAY TREAT</b> 2:30 PM BINGO CLUB 4:00 PM NATIONAL POEM DAY 4:30 PM DINNER AND MUSIC 6:00 PM RESIDENT CHOICE MOVIE  NATIONAL POETRY DAY!	15 8:30 AM BREAKFAST AND MUSIC 10:00 AM DRUM CARDIO FITNESS 10:30 AM FLOWER ARRANGING 11:30 AM LUNCH AND MUSIC 1:30 PM SILVER SNEAKERS WITH TAMMY 2:00 PM HAPPY HOUR WITH MINDY 3:00 PM DOMINOES CLUB 4:30 PM DINNER AND MUSIC 6:00 PM RESIDENT CHOICE MOVIE	16 8:30 AM BREAKFAST AND MUSIC 10:00 AM MORNING STRETCH 10:30 AM SING A LONG 11:00 AM HAPPY NEURON BRAIN TEASERS 11:30 AM LUNCH AND MUSIC 1:00 PM WORDS OF HOPE 2:00 PM MOVE & GROOVE WITH KAREN 3:00 PM REMINISCE MEMORY BIO 3:30 PM FAMILY FUED 4:30 PM DINNER AND MUSIC 6:00 PM RESIDENT CHOICE MOVIE	17 8:30 AM BREAKFAST AND MUSIC 10:00 AM POWERED TO MOVE 10:30 AM SPIRTUAL SING ALONG <b>11:30 AM ST PATTY DAY BRUNCH</b> 1:30 PM BRAIN AEROBICS 2:00 PM BINGO CLUB 3:30 PM LIVE ENTERTAINMENT 4:30 PM DINNER AND MUSIC 6:00 PM RESIDENT CHOICE MOVIE  HAPPY ST. PATRICK'S DAY!!
18 8:30 AM BREAKFAST AND MUSIC 10:15 AM GUIDED MEDITATION 10:45 AM MANICURES AND MASSAGES 11:30 AM LUNCH AND MUSIC 1:30 PM DRUM CARDIO 2:30 PM GARTH BRIGHT ENTERTAINS (DR) 4:00 PM FINISH THE LYRIC 4:30 PM DINNER AND MUSIC 6:30 PM RESIDENT CHOICE MOVIE	19 8:30 AM BREAKFAST AND MUSIC 10:15 AM SING A LONG 11:15 AM YOGA WITH HEATHER 11:30 AM LUNCH AND MUSIC 1:30 PM BALLOON TENNIS 2:30 PM BINGO CLUB 3:30 PM TRIVIA CLUB 4:00 PM TRAVEL CLUB 4:30 PM DINNER AND MUSIC 6:00 PM RESIDENT CHOICE MOVIE  NATIONAL CNA DAY!!	20 8:30 AM BREAKFAST AND MUSIC 10:00 AM SEATED DANCE CLASS 11:00 AM PAINTING CLASS 11:30 AM LUNCH AND MUSIC 1:30 PM CROSSWORD PUZZLES 2:30 PM STONE SILK ENTERTAINS 3:30 PM SMOOTHIES IN THE COURTYARD <b>4:30 PM FAMILY NIGHT: TRIP TO IRELAND THEME DINNER</b> 6:00 PM RESIDENT CHOICE MOVIE	21 8:30 AM BREAKFAST AND MUSIC 10:00 AM MORNING STRETCH AND SING A LONG 10:30 AM CREATIVE ART 11:30 AM LUNCH AND MUSIC 1:00 PM BINGO CLUB <b>2:30 PM COOKING WITH CARLINZ</b> 4:00 PM PICTONARY 4:30 PM DINNER AND MUSIC 6:00 RESIDENT CHOICE MOVIE	22 8:30 AM BREAKFAST AND MUSIC 10:00 AM GUIDED MEDITATION 11:00 AM JEMIMAH COMFORT DOG 11:15 AM FLOWER ARRANGING 1:30 PM SILVER SNEAKERS WITH TAMMY <b>2:30 PM HAPPY HOUR W/ PAM COHEN</b> 3:30 PM DOMINOES CLUB 4:30 PM DINNER AND MUSIC 6:00 PM RESIDENT CHOICE MOVIE	23 8:30 AM BREAKFAST AND MUSIC 10:00 AM MORNING STRETCH 10:30 AM SING A LONG 11:00 AM HAPPY NEURON 11:30 AM LUNCH AND MUSIC 1:00 PM WORDS OF HOPE 2:00 PM MOVE & GROOVE WITH KAREN <b>3:00 PM CHIPS AND DIP TASTING</b> 4:30 PM DINNER AND MUSIC 6:00 PM RESIDENT CHOICE MOVIE  NATIONAL CHIPS AND DIP DAY!!	24 8:30 AM BREAKFAST AND MUSIC 10:00 AM POWERED TO MOVE 10:30 AM SPIRTUAL SING ALONG 11:00 AM SUNSHINE ON THE PATIO 11:30 AM LUNCH AND MUSIC 1:30 PM BRAIN AEROBICS 2:00 PM BINGO CLUB 3:30 PM LIVE ENTERTAINMENT 4:30 PM DINNER AND MUSIC 6:00 PM RESIDENT CHOICE MOVIE  PALM SUNDAY
25 8:30 AM BREAKFAST AND MUSIC 10:15 AM GUIDED MEDITATION 10:45 AM MANICURES AND MASSAGES 11:30 AM LUNCH AND MUSIC 1:30 PM DRUM CARDIO 2:30 PM PHIL ADAMS ENTERTAINS (DR) 4:00 PM FINISH THE LYRIC 4:30 PM DINNER AND MUSIC 6:30 PM RESIDENT CHOICE MOVIE	26 8:30 AM BREAKFAST AND MUSIC 10:15 AM SING A LONG 11:15 AM YOGA WITH HEATHER 11:30 AM LUNCH AND MUSIC 1:30 PM BALLOON TENNIS 2:30 PM BINGO CLUB 3:30 PM TRIVIA CLUB 4:00 PM TRAVEL CLUB 4:30 PM DINNER AND MUSIC 6:00 PM RESIDENT CHOICE MOVIE  <b>NATIONAL CRAZY HAT DAY!!</b>	27 8:30 AM BREAKFAST AND MUSIC 10:00 AM SEATED DANCE CLASS 11:00 AM PAINTING CLASS <b>11:30 AM BBQ AND LIVE ENTERTAINMENT WITH STONE SILK (CY)</b> 1:30 PM CROSSWORD PUZZLES 2:30 PM STONE SILK ENTERTAINS 3:30 PM SMOOTHIES IN THE COURTYARD 4:30 PM DINNER AND MUSIC 6:00 PM RESIDENT CHOICE MOVIE	28 8:30 AM BREAKFAST AND MUSIC 10:00 AM MORNING STRETCH AND SING A LONG 10:30 AM CREATIVE ART 11:30 AM LUNCH AND MUSIC <b>1:30 PM EASTER CAKE DECORATING</b> 2:30 PM BINGO CLUB 4:00 PM PICTONARY 4:30 PM DINNER AND MUSIC 6:00 PM ROMANCE MOVIE THURSDAY	29 8:30 PM BREAKFAST AND MUSIC 10:15 AM GUIDED MEDITATION 11:15 AM FLOWER ARRANGING 1:00 PM SILVER SNEAKERS FITNESS 1:30 PM SILVER SNEAKERS WITH TAMMY <b>2:30 PM HAPPY HOUR MARCH BIRTHDAY CELEBRATION WITH RON</b> 3:30 PM DOMINOES CLUB 4:30 PM DINNER AND MUSIC 6:00 PM RESIDENT CHOICE MOVIE	30 8:30 AM BREAKFAST AND MUSIC 10:00 AM MORNING STRETCH 10:30 AM SING A LONG 11:00 AM HAPPY NEURON BRAIN TEASERS 11:30 AM LUNCH AND MUSIC 1:00 PM WORDS OF HOPE 2:00 PM MOVE & GROOVE WITH KAREN 3:00 PM REMINISCE MEMORY BIO 3:30 PM FAMILY FUED 4:30 PM DINNER AND MUSIC 6:00 PM RESIDENT CHOICE MOVIE	31 8:30 AM BREAKFAST AND MUSIC 10:00 AM POWERED TO MOVE 10:30 AM SPIRTUAL SING ALONG <b>11:30 AM EASTER SUNDAY BRUNCH</b> 1:30 PM BRAIN AEROBICS 2:00 PM BINGO CLUB 3:30 PM LIVE ENTERTAINMENT 4:30 PM DINNER AND MUSIC 6:00 PM RESIDENT CHOICE MOVIE  <b>HAPPY EASTER!!</b>
		MARCH BIRTHDAYS: Syria Fernandez 3/3 John Taylor 3/13 Jerry Dean 3/20 Lucia Bonadonna 3/26 Ruth Russ 3/27				